



Harrow & District Caledonian Society

SPRING DANCE



Saturday 7th March 2026

7.30 – 10.30 pm

St Martin's Church Hall, Eastcote Road, Ruislip HA4 8DG
(public carpark nearby, free after 6.00 pm)

dancing to Colin Dewar & Bob Parsons

GOOD HEARTED GLASGOW (J8x32) 3 C (4C set)

<https://youtu.be/i3lOxpSeezE?t=7>

Peter Knapman Collins Pocket Reference

1- 8 1 s turn RH & cast to 2nd place, turn partner LH 1¼ times to end Man facing down & Lady facing up
9-16 1s dance RH across (Lady with 2s & Man with 3s), 1s passing RSh & dance LH with other couple
17-24 1s lead down the middle & back to 2nd place own side
25-32 2s+1s+3s circle 6H round & back

FALLS OF ROGIE, THE (R8x32) 3C (4C set)

www.youtube.com/watch?v=KKjNOhYswr4&t=9

Jean Attwood Alexander Book 1

1- 8 1s cross RH & cast 1 place, 1s cross RH & cast 1 place (Man up Lady down)
9-16 1s dance ½ reels of 3 across (1M with 2s & 1L with 3s), set in lines across & change places RH with opposite person
17-24 2s+1s+3s chase clockwise ½ way,
1s dance in & turn RH to face 1st corner positions **as** 2s & 3s continue to chase on to places (as bar 16)
25-32 1s dance ½ reel of 4 with 1st corners, passing RSh dance ½ reel with 2nd corners & cross passing RSh to 2nd place own sides

ATHENS OF THE NORTH (S4x32) 3C (4C set)

www.youtube.com/watch?v=tPDphDqhhJE

Atsuko Clement 90 Years of RSCDS Edinburgh

1- 8 2s followed by 1s dance down (2 steps), turn partners 2H. 1s followed by 2s dance up, 1s+2s ½ turn (M LH, L RH) 2 1 3
9-16 2s+1s+3s dance Diag R&L. 1s finish facing out in 2nd place (3) 1 (2)
17-24 3s+1s+2s dance RSh reels of 3 on sides (1M+3L & 1L+2M pass RSh to start)
25-32 3s+1s+2s dance clockwise ½ way round & turn partners 2H (1s turn 1½ times) 2 1 3

NAPIER'S INDEX (J8x40) 3C (4C Set)

www.youtube.com/watch?v=BsOUcPHbp7U&t=3m17s

Brian Charlton, RSCDS Book 45

1- 8 1s set & cast 1 place, turn LH 1¼ times to end in Balance-in-Line position between 1st corners
9-16 1s+1st corners Balance-in-Line & turn corners RH to Balance-in-Line again with 1st corners
17-24 1s dance reel of 3 on sides (LSh to 2nd corner) & end diagonally between 2nd corners
25-32 1s+2nd corners Balance-in-Line & turn corners RH, Balance-in-Line again with 2nd corners
33-40 1s dance reels of 3 across (LSh to 3rd corners) & cross RH to 2nd places

DONALD MACNEIL (H8x32) 3C (4C set)

[no video]

Margaret Henderson

1-8 1s NHJ dance down to 2nd place (2 bars) (2s step up) finishing back to back facing out
Double Triangles with 2s and 3s (6 bars)
9-16 1s dance ½ diagonal reel of 4 with 1st corners, and pass RSh
1s dance ½ diagonal reel of 4 with 2nd corners,
finishing with 1s in the middle taking LH and giving RH to 3rd corners (currently your 1st crnr person)
17-24 Balance in line (2nd corners also set)
1s turn half way while all corners dance on one place clockwise
Balance in line with 1st corner position, 1L with 2L, 1M with 3M (again all set)
1s turn ¾ into 2nd place while corners dance on one place clockwise.
25-32 All circle 6H round & back

MACDONALD OF KEPPOCH (M-(S64+R64)) Sq.Set

www.youtube.com/watch?v=y3Cf49jrO4Y&t=19

Chris Ronald RSCDS Bk 49

1- 8 1s+3s dance 6 bars R&L (Men polite turns) to finish in centre B-to-B with partner facing side cpl (1L+2L, 1M+4M, 3L+4L, 3M+2M)
All set
9-16 Reels of 4 across. 1s & 3s finish in line up/down with Ladies (in middle) facing, 1M facing down, 3M facing up
17-24 1s+3s dance reel of 4 (1L+3L pass **RSh** in middle to start), passing **LSh** at ends, RSh in middle. Finish in orig pl facing partners
25-32 All set, all turn partner RH 1¼ (4 bars) into promenade hold & dance 1 place anticlockwise.
Repeat from new positions in Strathspey then twice in Reel time back to original places

GLASTONBURY TOR (R8x32) 3C (4C set)

www.youtube.com/watch?v=N4dtvID7h08

Duncan Brown RSCDS Book 47

1- 8 1s+2s set & dance RH across ½ way, 1s+3s set & dance LH across ½ way
9-16 1s set & cross RH, 1s cast up 1 place & turn LH turn to face 1st corners
17-24 1s dance ½ reel of 4 with 1st corners & pass left to face 2nd corners, 1s dance ½ reel of 4 with 2nd corners & curve right
to end 1M between 3s & 1L between 2s
25-32 1M+3s also 1L +2s **Set+Link for 3 once**, 1s turn RH 1½ times to 2nd place as 2s & 3s dance clockwise ½ way to places 2 1 3

BURNSIAN JIM (S3x32)www.youtube.com/watch?v=8ladTchT47w

Stephen Webb

1- 8 1s set, cast off. 1s set advancing, $\frac{1}{2}$ turn partner RH and cast away to 2nd pl facing out
 9-16 2s, 1s and 3s dance RSh reel of 3, finishing facing 1st corners
 17-24 1s turn 1st corner BH, 1s turn 2nd corner BH, 1s dance $\frac{1}{2}$ Fig of 8 (L up, M down)
 25-32 2s, 1s and 3s dance the Knot [knot for 3 couples](#)

GLENALMOND GAMEKEEPER, THE (R8x40) 3C (4C set)www.youtube.com/watch?v=nrfG9GeV46U&t=11s

John Drewry Bankhead Book 6

1- 8 1s cross down to dance reflection reels of 3 on opposite sides with 1s & 3s
 ending in centre facing down/up
 9-16 1s+3s dance Ladies (RH) Chain
 ending with 1M facing Ladies side & 3M facing Men's side with partners behind them
 17-24 1M **also** 3M (followed by partners & cast to start) dance a Fig of 8 round standing 2s passing firstly LSh in middle & then RSh to end 1s still on opp sides
 25-32 1s+2s+3s circle 6H round & back (1s finish still on opp sides)
 33-40 1s+2s set & dance $\frac{3}{4}$ double Fig of 8 (1s cast to start) with 1s ending in 2nd place

**TORRIDON LASSIES** (J8x40) 3C (4C set)www.youtube.com/watch?v=f9q5cT8u0BM&t=14

John Brenchley Kangaroo Paw

1- 8 1s cross & cast 1 place, 1s dance LH across (1L with 2s, 1M with 3s) & end facing 4th corner
 9-16 1s set to corners then to partner & end facing 1st corners, turn corners RH & pass partner LSh to face 2nd corners
 17-24 1s dance $\frac{1}{2}$ diagonal reel of 4 with 2nd corners & pass LSh to face 3rd corners,
 1s set to corners then to partner & end facing 4th corners
 25-32 1s turn 4th corner (pstn) RH & pass partner LSh to face 1st corners,
 1s dance $\frac{1}{2}$ diag reel of 4 with 1st corners & pass RSh to BtoB (1M facing up)
 33-40 1s dance RSh round 2nd corners & $\frac{1}{2}$ Fig of 8 (1L up, 1M down) **while** 2s+3s set & cross RH,
 set (facing up/down) & change pl RH on sides. 2 1 3

REMEMBERING ABBOTSFORD (S4x32) **Sq set**www.youtube.com/watch?v=8rXALDJqKmu

Maggie & Duncan Keppie Haliburton Book 2

1- 8 All dance interlocking (circular) reels of 4 (RSh to partner to start)
 9-16 1s & 3s set, cross passing opposite dancer by RSh; 1s & 3s chase clockwise back to place (Men with partner on right)
 17-24 2s & 4s repeat 9-16
 25-32 All turn corner LH 1 $\frac{1}{4}$ (Men on outside) & take prom hold;
 All promenade clockwise 1 pl with new partner, Retain RH, Ladies pull back RSh & turn under raised arms to face new partner
 End: Men in original places with new partner, Ladies having moved 1 place clockwise

MISS JOHNSTONE OF ARDROSSAN (R5x32) 5C sethttps://youtu.be/S_6xmqAc9RE?t=616s

Roy Goldring 14 Social Dances

1- 8 1s set & cast 1 place, 1s followed by 3s dance up & cast - 1s to 3rd place & 3s to 2nd place
 9-16 1s cross down & dance reflection reels of 3 with 4s+5s on opposite sides - 1s end in 3rd place opposite sides
 17-24 1s cross up & dance reflection reels of 3 on own sides with 2s+3s - 1s ending in 3rd place own sides
 25-32 1s set & cast down 1 place, 1s followed by 5s dance up between 4s & cast - 1s to 5th place & 5s to 4th place

WATER OF LEITH, THE (S4x32) 4C setwww.youtube.com/watch?v=iDpctXSObCo&t=8sJohn Wilkinson Edinburgh 90th Anniv

1- 8 1s+3s set. 1L dances down, casts up round 2M into middle facing down as 1M dances across, casts round 2L into middle facing up
 while 3s dance same round 4s. 1s+3s change places RH with partner into line of 4 in middle (M face down, L face up)
 9-16 1s+3s dance reel of 4 in middle
 17-20 1s+2s also 3s+4s dance RH across
 21-24 1M followed by 1L casts round 2L to 2nd place own sides as 3M followed by 3L casts round 4L to 4th place (2s+4s step up 23-24)
 25-32 1s+4s (middle couples) dance Espagnole:
 25-26 1s+4s cross (Ladies lead across RH passing between Men) with Ladies changing places RH
 27-28 1s+4s cross back (Men lead across RH between Ladies) with Men changing places RH
 29-32 4s turn RH as 1s turn LH

AVIATOR, THE (J8x32) 3C (4C set)www.youtube.com/watch?v=hM51UnMI09M&t=14s

Carola Fischer RSCDS Book 52

1- 8 1s lead down, on bar 4 1M crosses partner in front & 1L followed by 1M cast up behind 4M & 3M & across into 2nd place facing 3L (2s step up 3-4)
 9-16 1s (1L leading) dance ½ alternating tandem reel with 1st corners;
1M continues reel with corners passing 3L LSh **while 1L+3M** turn LH to face 2L
 17-24 1s (1M leading) dance ½ alternating tandem reel with 2nd corners;
1L continues reel with corners passing 2L LSh **while 1M+3L** turn LH.
 1s end in 2nd place opp sides, 1L facing out
 25-32 1s dance up, round 2s by RSh (1L behind 2M, 1M in front 2L) & 1M followed by 1L cast 1 place, across set to end in 2nd place own side (6 bars). All 3 couples set

BRATACH BANA (R8x32) 3C (4C set)www.youtube.com/watch?v=CSk2kg7R2aw

John Drewry Bon Accord Book

1- 8 1s turn RH & cast 1 place, 1s dance LSh round 1st corners to 2nd place opposite side facing 2nd corners
 9-16 1s dance ½ Reel of 3 on the sides & dance ½ Reel of 3 across (1M with 3s at top, 1L with the 2s)
 17-24 1s turn LH, turn 3rd corners RH (1st corner person) & pass RSh to turn 4th corner RH
 ending in 2nd pl own side in prom hold with 4th corner
 25-32 1s+4th corners Prom diag across (pass RSh) to diag opp corner & ½ turn [*some may still pas de basque to place as in original version*]
 to end 1s in 2nd pl opp side,
 1s dance ½ Diag R&L (M up, L down) to end in 2nd place

ORCHARDS OF CO. ARMAGH, THE (S3x32) 3C set www.youtube.com/watch?v=oam1r7yjMuA&t=16s Jinty Anderson Belfast Plat Anniv & RSCDS Bk 53

1- 8 1M leading 2M+3M also 3L leading 2L+1L chase clockwise ½ round to opposite sides (4 bars).
 All set, 1s+3s turn partners ¾ RH into line up/down (Men facing down)
 9-16 3s+1s dance ½ reel of 4. Bar 12: 1M+3L pass LSh to face 2s (1M+2M and 3L+2L facing), 1L+3M remain in centre at top/bottom
 1M+3L+2s dance ½ reel of 4 across. Bar 16: 1M and 3L pass LSh to face partners up/down set
 17-24 1s+3s dance ½ reel of 4, 1M+3L pass LSh to face own partners.
 3s+1s set, Petronella turn to own sides. 321
 25-32 2s followed by 1s dance up to top, cast, 2s to 3rd place, 1s to 2nd place (4 bars). 3s+1s+2s turn partners 2H

CHEQUERED COURT, THE (J8x32) 3C (4C set)www.youtube.com/watch?v=FqOEZsW4MP8

Duncan Brown RSCDS Book 42

1- 8 1s cross RH, cast 1 place, 1s dance ½ Figs of 8 (Man round 2s & Lady round 3s) & end facing 1st corners
 9-16 1s dance Pass+Turn with 1st corners & 1s twirl round in centre to face 4th corners, [Pass and turn](#)
 1s dance Pass+Turn with 4th corners & twirl round to face own sides
 17-24 1s dance 6 bars of Double Triangles [Double Triangles](#)
 & end with 1L between 2s facing 2L & 1M between 3s facing 3M
 25-32 1s dance reel of 3 across giving RSh to 4th corners & 1s cross RH to own sides

MRS MACPHERSON OF INVERAN (R8x32) 3C (4C set)https://youtu.be/jq_0ovwy8nI?t=7s

John Drewry Bon Accord Book

1- 8 1s dance Inveran Reels with 2s+3s
 9-16 1s turn RH 1 ½ times moving down to 2nd place opp sides (2s step up);
 1s cast up behind 2s & cross down to 2nd place own side
 17-24 2s+1s+3s dance Grand Chain
 25-32 2s+1s+3s circle 6H round & back



Thank you for joining us at our Spring Dance

We hope you enjoyed the evening and wish you a safe journey home

Forthcoming dates include:

West MACS Charity Ball on Saturday 25th April, Allum Hall, Elstree

Mid-week Summer Dance on Wednesday 3rd June, St Albans church, North Harrow

and a variety of non-dancing events at locations in and around Harrow

(large print crib and diagram cribs also available from www.harrowscottish.org.uk or on request)

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