

Harrow and District Caledonian Society Dance Class – Wednesday 1st July 2026 – 8.00 pm

Payment in advance is preferred

Season ticket or Weekly payment £3.00 members, £3.50 non-members (1st wk free)

Bank details: Account number 02011648 Sort code 30-93-92 in advance or via our card reader or cash on door

Keeping everyone safe: Do not attend if you are feeling unwell

Bring your own drink as we do not use the kitchen

More complex figures are **marked in orange**

Our class comprises dances from our own dance programmes or our neighbouring clubs or of general interest

Our class is a general class catering for all levels from beginner to experienced

When making up sets aim for a balance between experienced and less experienced dancers

summer tues 7/7

POSTIE'S JIG (J4x32) 4C set

www.youtube.com/watch?v=91t7SEH6dEg&t=9s

Roy Clowes Ormskirk 5

- 1- 8 1s & 4s set & cast in 1 place, 1s & 4s dance ½ Figs of 8 round new end couples
9-16 1M+4M & 1L+4L cross (men making an arch) & turn corners with free hand to face up/down
1s+4s dance down/up (couple dancing up make the arch) & turn corners
17-24 Repeat bars 9-16 from new positions
25-32 1s+4s dance ½ R&L, turn partner RH

summer tues 14/7

GARDENERS' FANTASIA, THE (S3x32) 3C set

<https://youtu.be/r7k0sHLLq0o?t=13s>

Pamela Cook RSCDS Book 46

- 1- 8 1s+2s circle 4H round to left, 1s face 2s set & 1s turn inwards cast 1 place to face 3s
9-16 1s+3s dance the Rondel, [Rondel](#)
1s end in 3rd place & 3s end facing 1st corners. 2 (3) 1
17-24 3s set to & turn 1st corners; set to & turn 2nd corners. 3s end in 2nd place opposite sides
25-32 2s+1s dance R&L (begin on sides)
while 3s dance up between 2s & cast to 2nd pl, lead down LH between 3rd pl, cross & cast up to 2nd pl. 2 3 1

summer tues 7/7 also dances for harrow members (written by Graham for his mother Pat)

DANCE WITH MOTHER (R8x32) 3C (4C set)

<https://youtu.be/KddKJn6rgNA>

Graham Hamilton

- 1- 8 1s dance down below 3s, cast up & dance ½ Fig of 8 round 2s
9-16 1s dance reels of 3 on opposite sides dancing down between 3s to start
17-24 1s cross down below 3s, cast up on own sides & turn LH 1¼ times
25-32 1s dance reels of 3 across (Lady with 2s & Man with 3s) giving LSh to 1st corners

summer tues 28/7

SPIFFIN' (J5x32) 5C Sq.Set (5s facing 1s)

www.youtube.com/watch?v=W6LNwJxiYxM&t=5

David & Avril Quarrie+Friends

- 1- 8 5s dance reels of 3 with 1s+3s (5s start by passing opposite dancer by LSh)
9-16 5L dances RH across with 2s **while** 5M dances LH across with 4s, 5s dance NHJ up through 1s & cast back to centre
17-24 5L dances LH across with 2s **while** 5M dances RH across with 4s, 5s dance NHJ down through 3s & cast back to centre
25-32 5s turn (Kill Grip) twice, 5s+1s set & dance part LH across (5s dance ½ way **while** 1s dance ¼ way & into centre to face 2s)

I N T E R V A L

suggestion for 2026-27

LAND OF THE PRINCE BISHOPS (R8x32) 3C (4C set)

www.youtube.com/watch?v=uhUImMbxMnY

Ian Barbour

- 1-8 1s+2s dance RH across, 1s+2s change places RH on sides & 1s+3s change places LH on sides
9-16 2s+3s+1s dance reel of 3 on own sides (3s+1s pass LSh to start)
17-24 3s+1s dance LH across, 1s & 3s change places LH on sides & 2s+1s+3s all set
25-32 2s+1s+3s circle 6H round to left for 3 bars & pivot left, all circle 6H round to the right to places

summer tues 11/8

BELLE OF BON ACCORD, THE (S4x32) 4C set

www.youtube.com/watch?v=SY0RODDCIgo&t=9s

John Drewry Deeside Book 2

- 1- 8 1L & 3L cross down 1 pl & cast up on opp side into centre as 1M & 3M dance across & cast down into centre,
1s+2s & 3s+4s dance RH across
9-16 1s & 3s dance reel of 4 up & down centre of dance
17-24 1s & 3s ¾ turn RH to face up while 2s & 4s dance up on sides & turn in to face down & all set,
all circle 4H round to left & end on sides
25-32 1s & 3s lead up between 2s/4s crossing over & cast down 1 place,
1s & 3s turn 2H & 1s dance down to 4th place as 3s cast up on own sides to 2nd place

summer tues 21/7

J. B. MILNE (R8x32) 3C (4C set)

<https://youtu.be/wczvNE6ET0s>

Hugh Foss Angus Fitchett Album

- 1- 8 1M+2L set advancing & turn RH, 1L+2M set advancing & turn RH
9-16 1s set advancing to each other & turn 2H, cast to 2nd place & Petronella turn to Lady between 2s & Man between 3s
17-24 1s set & ¾ turn RH while 2s+3s change places RH on sides & set, 1s repeat but 2s & 3s cross RH & set
25-32 1s set & change places RH while 2s+3s change places RH on sides & set,
1s cast round corner to 2nd pl own sides as 2s+3s cross RH & all set

extra if time

SUPER SLINKY (R3x32) 3C set

[see www.youtube.com/watch?v=FB3Rk0JoS7k&t=6s, but in reel time]

Chris Ronald Formation Foundations

can be danced as Reel, Jig or Strathspey ... we are dancing as a Reel

- 1- 6 1s cross RH, cast (2s step up), cross LH & face out
7- 8 1s ½ turn 3s (Men LH, Ladies RH)
9-16 2s+3s+1s dance mirror reels of 3 on the sides (1s in/up, 3s out/down)
17-24 All turn partner RH (4 bars) & chase ½ way to opposite sides 1 3 2
25-32 1s+3s+2s dance Set+Link for 3 couples twice. 2 3 1 [Set and link \(for 3 couples\)](#)

Forthcoming dance programmes

Please ask the convener or instructor if you wish to practice any of the below dances (or any others) at future classes

<i>Summer Tuesdays 7/7</i>	<i>Summer Tuesdays 14/7</i>	<i>Summer Tuesdays 21/7</i>	<i>Summer Tuesdays 28/7</i>
<p>Mrs Stewart's Jig Dance with Mother Falls of Bracklinn The Scallywag Miss Eleanor Blooms of Bon Accord The Chequered Court The Wind on Loch Fyne Summer Superstars</p> <p>A Capital Jig Polharrow Burn Slytherin House Postie's Jig The Montgomeries' Rant The Minister on the Loch The Dancing Master Glastonbury Tor</p>	<p>Hooper's Jig John of Bon Accord The Blue Mess Jacket Major Ian Stewart The Gardeners' Fantasia Nottingham Lace The Waternish Tangle City of Belfast Toast to the Mousies</p> <p>Napier's Index La Ville Lumière Scotch Mist Neil M Grant Scott Meikle The Gentleman Argyll's Fancy The Reel of The Royal Scots</p>	<p>EH3 7AF Cramond Bridge The Flower o' the Quern Gothenburg's Welcome The Moray Rant The Fireworks Reel The Diamond Jubilee Jean Martin of Aberdeen Thanks to Daniel</p> <p>Bill Clement MBE Staircase In Styria Sugar Candie The Weathercock J. B. Milne Dagmar's Fancy Ian Powrie's Farewell to Auchterarder Ramadan-ce</p>	<p>Tine's Jig The Rutland Reel The Singing Sands Spiffin' Asilomar Romantic The Earl of Mansfield Chased Lovers Schiehallion The Irish Rover</p> <p>The Luckenbooth Brooch Milton's Welcome Midsummer Common Seton's Ceilidh Band The Reel of The Royal Scots City of Belfast The Bees of Maggieknockater Swiss Lassie</p>

<i>Summer Tuesdays</i>	<i>Harrogate weekend</i>	<i>SE Herts Picnic dance 23/8</i>	<i>Next season / autumn dance</i>
	<p>Fri https://my.strathspey.org/dd/list/72019/ Good Hearted Glasgow Orpington Caledonians Miss Gibson's Strathspey The Nurseryman Flight of the Lancaster Culla Bay Ramadan-ce</p> <p>Rodney's Rant Dunnideer Castle Portincaple Oak Scott Meikle The Minister on the Loch John Cass The Deil amang the Tailors</p> <p>Sat https://my.strathspey.org/dd/list/72020/ The Shetland Shepherdess Swiss Lassie Sands of Morar The Markinch Mars Bar King MacDonald of Keppoch Kinfauns Castle Gothenburg's Welcome Mrs MacPherson of Inveran</p> <p>The Aviator Pamela's Strathspey John of Bon Accord Spiffin' Trip to Timber Ridge Miss Eleanor The Duke of Atholl's Reel Mairi's Wedding</p> <p>Sun https://my.strathspey.org/dd/list/72021/ The Milngavie Maestro The Rutland Reel The Gentleman Half Century Not Out - Reel 32 3/4C Farewell to Balfour Road We'll Meet Again The Young Accordion Man The Ogilvys of Winton The Montgomeries' Rant</p> <p>City Lights Glastonbury Tor The Berkhamsted Medley Follow Me Home The Plantation Reel City of Belfast The Highland Rambler</p>		<p>Land of the Prince Bishops Luckenbooth Brooch</p>