

Harrow and District Caledonian Society Dance Class – Wednesday 15th April 2026 – 8.00 pm

Payment in advance is preferred

New season ticket term April to mid-July £30 (or April to end of May £20)

or Weekly payment £3.00 members, £3.50 non-members (1st wk free)

Bank details: Account number 02011648 Sort code 30-93-92 in advance or via our card reader or cash on door

Keeping everyone safe: Do not attend if you are feeling unwell

Bring your own drink as we do not use the kitchen

More complex figures are **marked in orange**

Our class comprises dances from our own dance programmes or our neighbouring clubs or of general interest

Our class is a general class catering for all levels from beginner to experienced

When making up sets aim for a balance between experienced and less experienced dancers

1 more class before West MACS Ball ... any requests re dances to cover ?

IoW 18/4

FLOWERS OF EDINBURGH (R8x32) 3C (4C set) www.youtube.com/watch?v=FVIBYcnUepU&t=20s RSCDS Book 1

- 1- 8 1L followed by partner casts below 3s, 1L crosses & dances up behind Men as 1M dances up centre to 1st places on opp side & 1s set
9-16 1M followed by partner repeat above Fig & set in own places
17-24 1s lead down the middle & back
25-32 1s+2s dance Poussette. 2 1 3

West MACS 25/4

DUKE OF ATHOLL'S REEL, THE (J8x32) 2C (4C set) <https://youtu.be/GRYB8VJIL5o> Thomas Skillern (1776) RSCDS book 16

- 1- 8 1s+2s set, dance ½ RH across, set and dance ½ LH across back to places
9-16 1M+2L set adv and turn RH back to places, 1L+2M set advancing and turn RH back to places
17-24 1s cross RH, cast to 2nd place and dance ½ Fig of 8 round 2s to 2nd place on own sides
25-32 2s+1s dance R&L

West MACS 25/4

BELLE OF BON ACCORD, THE (S4x32) 4C set www.youtube.com/watch?v=SY0RODdClGo&t=8s John Drewry Deeside Book 2

- 1- 8 1L and 3L cross down 1 place and cast up on opposite side into centre as 1M and 3M dance across and cast down into centre, 1s+2s and 3s+4s dance RH across
9-16 1s and 3s dance reel of 4 up and down centre of dance
17-24 1s and 3s ¾ turn RH to face up while 2s and 4s dance up on sides and turn in to face down and all set, all circle 4H round to left and end on sides
25-32 1s and 3s lead up between 2s/4s crossing over and cast down 1 place, 1s and 3s turn 2H and 1s dance down to 4th place as 3s cast up on own sides to 2nd place

West MACS 25/4

SWISS LASSIE (R8x32) 3C (4C set) www.youtube.com/watch?v=SH0VKNcStSs&t=5 Rosi Betsche RSCDS Book 39

- 1- 8 1s dance in & cast to 3rd place, 2s+1s turn partners RH 1¼ times to form a line up & down middle of set (Men facing down Ladies up)
9-16 2s+1s dance reel of 4 up & down middle of set ending with 2M facing Ladies side & 1L facing Men's side
17-24 2s+1s chase round clockwise ½ way, 1s+3s+2s Adv+Ret
25-32 3s+2s ½ turn partners RH, dance RH across ½ way, 1s+2s ½ turn partners RH & dance RH across ½ way

I N T E R V A L

IoW 18/4

A CAPITAL JIG (J8x32) 3C (4C set) <https://youtu.be/i8hhJZQ95Ko?list=RDl8hhJZQ95Ko> Tine E Mackay 5 dances 2009

- 1- 8 1s+2s Set & Rotate & end 1s facing up, 2s down:-
Set, rotate singly & dance on 1 place clockwise,
change places RH on sides & dance on 1 place to own sides (1s in 2nd place facing up)
9-16 1s dance reels of 3 on own sides (RSh to 2s)
17-24 1s set & turn ¾ RH to face own sides, 1s dance LH across (1L with 2s, 1M with 3s) to end 2nd place opposite sides
25-32 1s set & turn ¾ RH to face opposite sides, 1s dance LHA (1M with 2s, 1L with 3s) ending 2nd pl own sides

West MACS 25/4

SUGAR CANDIE (S8x32) 3C (4C set) <https://youtu.be/HHopwDJMtg?t=7> RSCDS Book 26

- 1- 8 1s set and cast 1 place (2s step up); 1s cross passing LSh and cast RSh round their 1st corner into centre ending BtoB (Lady facing up, Man down)
9-16 1L+2s and 1M+3s circle 3H round to left, turn to face partner and set, 1s ¾ turn partner 2H to end facing 1st corners
17-24 1s turn 1st corner RH, partner LH, 2nd corner RH, partner LH and end facing 1st corners
25-32 1s dance 6 bar LSh reel of 3 on opposite sides (pass 1st corner LSh), 1s cross RH to 2nd place own sides

West MACS 25/4

DANCING MASTER, THE (J96) Sq.Set www.youtube.com/watch?v=AykpXan7Jw4&t=2s John Drewry Donside Book

- 1- 8 1s & 3s set & pivot to right & dance round ¼ clockwise inside set (L follows M) & face in, 1s+3s change places with other partner RH & dance clockwise back to partners place (M follows L)
9-16 1s & 3s dance RH across with corner 2L/4L, 1s & 3s dance across & LH across with other corner 4M/2M to end in pl facing clockwise (M behind L)
17-24 1s **also** 3s dance Tandem reels of 3 with corners, 1s & 3s ending in prom hold facing out
25-32 1s & 3s dance clockwise ½ way round outside of set & dance in back to original places (pass RSh) **while** 2s & 4s (prom hold) Adv+Ret
33-64 2s & 4s repeat above Figs from beginning (bars 1-32)
65-72 All set to partners & change place RH, Ladies dance ¾ **RH** across **while** Men cast 1 place clockwise to meet opposite Lady
73-80 All repeat this Fig (bars 65-72) to end with own partners (opposite to where they started)
81-88 All dance ½ **Schiehallion Reel** (2 places) back to original places [schiehallion reel](http://schiehallion.reel)
89-96 All circle 8H round & back

Extra if time

West MACS 25/4

SCOTT MEIKLE (R4x32) 4C set www.youtube.com/watch?v=DhE0LHERekE&t=7 Alice McLean Laurieston Collection vol 1

- 1- 8 1s cross RH & cast to 2nd place, 1s dance ½ Fig of 8 round 2s
9-16 1s+3s dance RH across, LH back
17-24 1L followed by 3L dance Tandem reel of 3 across with 2s (1L ends 3rd pl) **while** 3M followed by 1M reel of 3 with 4s (3M to 2nd pl)
25-32 1s+4s dance ½ R&L, turn partners RH 1½ times

Forthcoming dance programmes

Please ask the convener or instructor if you wish to practice any of the below dances (or any others) at future classes

<p><i>West MACS</i> 25/4</p> <p>Joie de Vivre The Reel of the Royal Scots The Belle of Bon Accord The Duke of Atholl's Reel Anniversary Reel Miss Milligan's Strathspey Quarries' Jig Countess of Dunmore's Reel The Byron Strathspey Farewell to Balfour Road</p> <p>The Lochalsh Reel Sugar Candie The Waternish Tangle Scott Meikle The Robertson Rant The Zoologist The Falls of Rogie City of Belfast The Dancing Master Swiss Lassie</p>	<p><i>IoW Spring Dance</i> 18/4</p> <p>It should be Fun 4x32J The Lass of Richmond Hill 8x32R A Jewel in the Crown 4x32 S (Sq) Toshogu Shrine 8x32J The Happy Potter 8x32 or 6x32 R (2 cpl dance) Golden Hill Fort 3x40S (Triangle) The Chequeured Court J8x32 Flowers of Edinburgh 8x32R</p> <p>A Capital Jig 8x32J Something in the Air 6x32S The First Rain of Spring 3x32J Broadford Bay 8x32R Summer in Assynt 8x32 S The Scallywag 8x40J Bon Viveur 2x32S+2x32RMedley (Sq) A Trip to Timber Ridge 8x32R</p>
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VOLUNTEERS ?

Ryefield Court care home display (Uxbridge) – a Friday in April/May/June

22/5 or 29/5

St Alban's summer fair display – Sat 27th June – NB clashes with SYD weekend, so only possible if enough non-SYD dancers

David's House care home display date tbc

? Hello Goodbye to singalong tunes (but NB two scottish residents so some scottish tunes) potentially also Sandy Hunt's dancers and singing group