##

WEST M.A.C.S.

## West MACS Charity Ball

## Saturday 20th April 2024, 7.30pm - 11.30pm

Allum Hall, 2 Allum Lane, Elstree WD6 3PJ

dancing to The Craigellachie Band

# in aid of *ScotsCare – The Charity for Scots In London*

MRS STEWART'S JIG (J8x32) 3C (4C set) [*www.youtube.com/watch?v=eXND4galeaQ*](http://www.youtube.com/watch?v=eXND4galeaQ) *Frans Ligtmans RSCDS Book 35*

 1- 8 1s set, 1L followed by partner casts 2 places,

 1L crosses (below 3s) & casts up on Men’s side to 2nd place facing down

  **while** 1M dances round 3L & up the middle to 2nd place Ladies side facing down

 9-16 2s+1s+3s dance Grand Chain, end with 2M & 1M facing out

17-24 2s+1s dance Ladies Chain

25-32 2s+1s+3s Adv+Ret for 2 steps & 1s turn 1½ RH to own sides

**MAXWELL'S RANT** (R8x32) 3C (4C set) [*www.youtube.com/watch?v=l4NVNzxuYkY&t=2s*](http://www.youtube.com/watch?v=l4NVNzxuYkY&t=2s) *Rutherford (1752) RSCDS Book 18*

 1- 8 1s cross down to dance reels of 3 on opposite sides

 9-16 1s cross down to dance reels of 3 on own sides

17-24 1s cross RH, cast to 2nd place & dance ½ Fig of 8 round 2s

25-32 1s lead down between the 3s, cast up to 2nd place & 2s+1s+3s turn partners RH

GANG THE SAME GATE (S8x32) 3C (4C set) [*www.youtube.com/watch?v=cWOYAnntDRM&t=9s*](http://www.youtube.com/watch?v=cWOYAnntDRM&t=9s) *Milton Levy RSCDS Book 36*

 1- 8 1s cross RH & cast down to 3rd place, cross RH & cast up to 2nd place on own sides

 9-16 1s set adv to partner & turn 1st corner 2H to face 2nd corner, 1s dance ½ diag reel of 4

 ending M between top couple facing down & L between bottom couple facing up

17-24 1s set adv to partner & turn 4th corner (position) 2H to face own 1st corner (position), 1s dance ½ diag reel with 1st corners

 ending in 2nd place opp sides

25-32 3s+1s+2s Set+Link for 3 twice [Set and link (for 3 couples)](https://www.scottish-country-dancing-dictionary.com/videoclips/set-and-link-for-3-couples.html)

FAREWELL TO BALFOUR ROAD (J1x96) 5C set Andrew Buxton RSCDS Bk 52

 1- 8 1s+2s circle 4H round & back

 9-16 1s+2s Set+Link; 1s+3s Set+Link

17-24 *\*2s start\** **while** 1s+4s+5s dance mirror reels of 3 on sides (1s in/down to start)

25-32 1s set, cross down RH to 4th place (4s step up); 1s set, cross down LH to 5th place (5s step up)

 *\*New top couple start every 16 bars.*

 *Repeat until 1s back in 1st place, they stand for 16 bars while 5s continue bars 17-32 ending back in 5th place\**

KISSING BRIDGE, THE (R8x32) 3C (4C set) [*www.youtube.com/watch?v=LlAUcli\_zd4*](http://www.youtube.com/watch?v=LlAUcli_zd4) *Romaine Butterfield RSCDS Bk 47*

 1- 8 1s cast & dance behind lines to bottom & turn outwards to dance back to top

 9-16 1s cross down to dance reels of 3 on opposite sides to end in partners place

17-24 1s lead down middle & cross to own sides (Lady under Man’s arm), 1s lead up to top & end facing partner with 2H joined

25-32 1s+2s dance Poussette 2 1 3 [quicktime poussette](https://www.scottish-country-dancing-dictionary.com/videoclips/poussette.html)

BALMORAL STRATHSPEY (S4x32) 4C set [*www.youtube.com/watch?v=NdnKwxCXssE&t=18s*](http://www.youtube.com/watch?v=NdnKwxCXssE&t=18s) *John A Charles RSCDS Book 22*

 1- 8 1s+2s & 3s+4s dance R&L

 9-16 1s+2s & 3s+4s set & dance RH across ½ way, set & cross RH to own sides. 2 1 4 3

17-24 All dance reel of 4 on own sides, 2s end in 1st place on sides, Bar 24 1s+4s+3s all dance into centre towards partner ready for ...

25-32 1s+4s+3s (bottom 3 couples) dance Allemande (2s in top place stand) [3 couple Allemande](https://www.scottish-country-dancing-dictionary.com/videoclips/allemande-for-3-couples.html)

**SCALLYWAG, THE** (J8x40) 3C (4C set) [*www.youtube.com/watch?v=PIxK9OvzEYA&t=15s*](http://www.youtube.com/watch?v=PIxK9OvzEYA&t=15s) *Jennifer Kelly RSCDS Book 52*

 1- 8 1s dance in & cast (2s step up); 1s turn 1¼ LH to face 1st corners

 9-16 1s set to corners, turn corner RH to end 1L between 2s facing 2L & 1M between 3s facing 3M. ½ LSh reels of 3 across

 ending in lines of 3 across facing down/up

17-24 All Adv+Ret; 1s dance RSh round each other to face 3rd corner positions

25-32 Repeat 9-16 ending with 2s+3s facing in & 1s facing each other up/down

33-40 1s set advancing joining RH, set with Lady turning under Man's arm. 1s face up RH joined, lead up, cross & cast. 2 1 3

**SCOTT MEIKLE** (R4x32) 4C set [*www.youtube.com/watch?v=DhE0LHERekE&t=7*](http://www.youtube.com/watch?v=DhE0LHERekE&t=7) *Alice McLean Laurieston Collection vol 1*

 1- 8 1s cross RH & cast to 2nd place, 1s dance ½ Fig of 8 round 2s

 9-16 1s+3s dance RH across, LH back

17-24 1L followed by 3L dance Tandem reel of 3 across with 2s (1L ends 3rd pl)

 **while** 3M followed by 1M reel of 3 with 4s (3M to 2nd pl)

25-32 1s+4s dance ½ R&L, turn partners RH 1½ times

CITY OF BELFAST (S3x32) 3C set [*www.youtube.com/watch?v=dfpPDV8WhRA&t=13*](http://www.youtube.com/watch?v=dfpPDV8WhRA&t=13) *Lucy Mullholland Belfast Diamond Jubilee Book*

 1- 8 1s dance ½ Fig of 8 round 2s, 1L+2M turn RH 1¼ times **while** 1M+2L turn LH 1¼ times & 1s end BtoB facing opp sides

 9-16 1s+2s dance reel of 4 across & 2s end in 1st places **while** 1s pass LSh to face 1st corners

17-24 1s set to 1st corner & 2nd corner ending (turning to right) between corners, all set & 1s cross RH

25-32 1s+3s dance Espagnole: [[Espagnole](https://www.scottish-country-dancing-dictionary.com/videoclips/espagnole.html)](https://www.scottish-country-dancing-dictionary.com/videoclips/espagnole.html)

 `25-26 1s+3s cross (Ladies lead across RH passing between Men) with Ladies changing places RH

 `27-28 1s+3s cross back (Men lead across RH between Ladies) with Men changing places RH

 `29-32 3s turn RH **as** 1s turn LH to end 2 3

**BEST SET IN THE HALL** (J8x32) 3C (4C Set) [*www.youtube.com/watch?v=eJbSOXcQAzo*](http://www.youtube.com/watch?v=eJbSOXcQAzo)*Helen Greenwood RSCDS Book 46*

 1- 8 1s set & 1L followed by partner casts below 3s,

 1L crosses & casts up to face her 1st corner **while** 1M dances up the middle to face 1st corner

 9-12 1s set to 1st corners & dance RSh round each other into 3rd corner (pstn)

 **while** 1st corners dance in & turn right about to face their original position

13-16 1s+1st crnr person set & 1st crnr persons dance RSh round each other into diag opp crnrs

 **while** 1s dance in & pivot to right to face 2nd crnrs

17-24 1s repeat bars 9-16 with 2nd corners

 & end passing RSh to 2nd place opposite sides. (3)(1)(2)

25-32 2s+1s+3s chase clockwise ½ way & turn partners RH



*I N T E R V A L*

BEES THEY ARE A'DRUMMIN', THE (R8x32) 3C (4C set) <https://youtu.be/eaQftXjzOq0?t=8> Amanda Peart Sunday Class Book 2

 1- 8 1s cross RH, cast (2s step up), meet in centre & turn 3s (1M+3L LH & 1L+3M RH) finishing in centre facing up 2 (1) 3

 9-16 2s+1s+3s dance reflection (mirror) reels of 3 on sides (1s up, 2s out/down, 3s out/up).

17-24 1s dance ½ Fig 8 round 2s & dance ½ reels of 3 across (1L+2s & 1M+3s,1s passing 1st corner LSh).

 Finish all on opp sides (2) (1) (3)

 25-32 2s+1s+3s Adv+Ret. 2s+1s+3s ½ turn partner RH, pull back RSh & dance out to own sides. 2 1 3

GENTLEMAN, THE (S8x32) 3C (4C set) [*www.youtube.com/watch?v=Yfog5CEj-ac&t=3m30s*](http://www.youtube.com/watch?v=Yfog5CEj-ac&t=3m30s) *Roz Scott Huxley RSCDS Book 35*

 1- 8 1s turn 2H & remain in middle facing each other **as** 2s step up, 1s+2s set (1s advancing & pass LSh to face opposite partner)

 & dance ½ reel of 4 across with 2s with 1s ending reel giving LH to face down on own side between 2s

 9-16 1s dance down to end between 3s & face each other, 1s+3s set (1s advancing & pass LSh to face opposite partner)

 & ½ reel of 4 across with 3s 1s end giving LH to face up on own side between 3s

17-24 1s lead up to top, cross over & cast to 2nd place & ½ reels of 3 across (L with 2s & M with 3s)

25-32 2s+1s dance Diamond Poussette right round

CHEQUERED COURT, THE (J8x32) 3C (4C set) [*www.youtube.com/watch?v=FqOEZsW4MP8*](http://www.youtube.com/watch?v=FqOEZsW4MP8) *Duncan Brown RSCDS Book 42*

 1- 8 1s cross RH, cast 1 place, 1s dance ½ Figs of 8 (Man round 2s & Lady round 3s) & end facing 1st corners

 9-16 1s dance Pass+Turn with 1st corners & 1s twirl round in centre to face 4th crnrs,

 1s dance Pass+Turn with 4th crnrs & twirl round to face own sides

17-24 1s dance 6 bars of Double Triangles & end with 1L between 2s facing 2L & 1M between 3s facing 3M

25-32 1s dance reel of 3 across giving RSh to 4th corners & 1s cross RH to own sides

**BLACK MOUNTAIN REEL, THE** (R5x32) 5C set [*www.youtube.com/watch?v=NijqXp5wh78*](http://www.youtube.com/watch?v=NijqXp5wh78) *Derek Haynes Carnforth Collection 3*

 1- 8 1s & 3s cross RH & cast off 1 place, dance ½ Fig of 8 round the couples above them & cross to face 1st corners

 9-16 1s & 3s turn 1st corners RH & partner LH, turn 2nd corner RH & partner LH to face 1st corners again

17-24 1s & 3s dance diagonal reel of 4 with 1st corners

25-32 All dance RH across once round (1L with 2s, 1M+3L with 4s & 3M with 5s), 1s & 3s turn partners LH & cast one place

**WATER OF LEITH, THE** (S4x32) 4C set [*www.youtube.com/watch?v=iDpctXSObCo&t=8s*](http://www.youtube.com/watch?v=iDpctXSObCo&t=8s) *John Wilkinson Edinburgh 90th Anniv*

 1- 8 1s+3s set. 1L dances down, casts up round 2M into middle facing down as 1M dances across, casts round 2L into middle facing up while 3s dance same round 4s. 1s+3s change places RH with partner into line of 4 in middle (M face down, L face up)

 9-16 1s+3s dance reel of 4 in middle

17-20 1s+2s also 3s+4s dance RH across

21-24 1M followed by 1L casts round 2L to 2nd place own sides as 3M followed by 3L casts round 4L to 4th place (2s+4s step up 23-24)

25-32 1s+4s (middle couples) dance Espagnole: [Espagnole](https://www.scottish-country-dancing-dictionary.com/videoclips/espagnole.html)

  25-26 1s+4s cross (Ladies lead across RH passing between Men) with Ladies changing places RH

  27-28 1s+4s cross back (Men lead across RH between Ladies) with Men changing places RH

  29-32 4s turn RH as 1s turn LH

AVIATOR, THE (J8x32) 3C (4C set) [*www.youtube.com/watch?v=hM51UnMI09M&t=14s*](http://www.youtube.com/watch?v=hM51UnMI09M&t=14s) *Carola Fischer RSCDS Book 52*

 1- 8 1s lead down, on bar 4 1M crosses partner in front & 1L followed by 1M cast up behind 4M & 3M & across

 into 2nd place facing 3L (2s step up 3-4)

 9-16 1s (1L leading) dance ½ alternating tandem reel with 1st corners;

 **1M** continues reel with corners passing 3L LSh **while** **1L+3M** turn LH to face 2L

17-24 1s (1M leading) dance ½ alternating tandem reel with 2nd corners;

 **1L** continues reel with corners passing 2L LSh **while** **1M+3L** turn LH.

1s end in 2nd place opp sides, 1L facing out

25-32 1s dance up, round 2s by RSh (1L behind 2M, 1M in front 2L) & 1M followed by 1L cast 1 place, across set

 to end in 2nd place own side (6 bars). All 3 couples set

**GLASTONBURY TOR** (R8x32) 3C (4C set)[*www.youtube.com/watch?v=N4dtvlD7h08*](http://www.youtube.com/watch?v=N4dtvlD7h08)*Duncan Brown RSCDS Book 47*

 1- 8 1s+2s set & dance RH across ½ way, 1s+3s set & dance LH across ½ way

 9-16 1s set & cross RH, 1s cast up 1 place & turn LH turn to face 1st corners

17-24 1s dance ½ reel of 4 with 1st corners & pass left to face 2nd corners, 1s dance ½ reel of 4 with 2nd corners & curve right

 to end 1M between 3s & 1L between 2s [Set and link (for 3 couples)](https://www.scottish-country-dancing-dictionary.com/videoclips/set-and-link-for-3-couples.html)

25-32 1M+3s also 1L +2s Set+Link for 3 once, 1s turn RH 1½ times to 2nd place as 2s & 3s dance clockwise ½ way to places 2 1 3

**MISS ELEANOR** (S3x32) 3C set [*www.youtube.com/watch?v=AiXD4Mhkwg4&t=20*](http://www.youtube.com/watch?v=AiXD4Mhkwg4&t=20) *Ann Dix RSCDS Book 49*

1- 8 Mirror reels of 3 on sides (1s start by going in and down)

 9-16 1s set and cast off, turn RH to face out and cast to their right, ready for

17-24 3 couple Bourrel [Bourrel For 3 Couples](https://www.scottish-country-dancing-dictionary.com/bourrel-for-3-couples.html)

' 1M+3L also 2M+1L set advancing diag and ¾ turn 2H to line up/down middle & twirl to face own partners

 **while** 3M and 2L chase anticlockwise to face partner

 All set to partner and turn 2H to own sides 3 1 2

25-32 Circle 6 hands round and back

BEES OF MAGGIEKNOCKATER, THE (J4x32) 4C set [*https://youtu.be/iF-QZqMxb20?t=5123*](https://youtu.be/iF-QZqMxb20?t=5123) John Drewry Canadian Book

 1- 8 1s cross RH & cast 1 place, dance RH across with 3s

 & end 1M+3L also 1L+3M in prom hold facing out to pass corner person RSh

 9-24 All dance 4x ½ Reels of 3 on sides (to right to start, then left, right & left)

 with 1s+3s changing partners in centre at end of each ½ Reel to progress Men clockwise & Ladies anticlockwise.

 End in centre 1s facing down & 3s facing up

25-32 1s dance between 3s turning 3s with nearer hand 1½ times,

 crossing over to own sides & turn 4th person 1½ times (Men RH & Ladies LH)

**MONTGOMERIES' RANT, THE** (R8x32) 3C (4C set) [*www.youtube.com/watch?v=CdGdSdXvb4A*](http://www.youtube.com/watch?v=CdGdSdXvb4A) *Castle Menzies RSCDS Book 10*

 1- 8 1s cross RH & cast down to 2nd place, cross LH & 1L casts up **while** 1M casts down

 9-16 1s dance reels of 3 across, 1L with 2s & 1M with 3s

17-24 1s with NHJ (Lady on Man’s left) set to 2L & turn inwards to set to 3M, set to 3L & turn inward & set to 2M

25-32 2s+1s+3s dance reels of 3 on opposite sides 1s giving RSh to 2nd corner, 1s cross RH to 2nd place own sides

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www.scotscare.com

# in aid of

# **ScotsCare**

# **The charity for Scots in London**

# Reg. No. 207326

ScotsCare provides support for first and second generation Scots

and their children in and around Greater London,

including grants and training, housing, social events and homelessness