



West MACS Charity Ball



Saturday 22nd April 2023, 7.30pm - 11.30pm

Allum Hall, 2 Allum Lane, Elstree WD6 3PJ

dancing to The Craigellachie Band

in aid of *Pancreatic Cancer Action Scotland*

EH3 7AF (J8x32) 3C (4C set)

www.youtube.com/watch?v=JYh9Ikqcz78

Roy Goldring RSCDS Book 40

- 1- 8 1s lead down the middle & back to top. 2s & 3s step in on bar 8 ready for ...
9-16 1s+2s+3s Promenade
ending with 1s casting to 2nd place
17-24 1s pass by the right & turn 1st corners RH to end L between 2s & M between 3s,
1s pass by the right & turn 2nd corners RH to end between corners
25-32 1M dances RH across with 2s & 1L with 3s,
1L dances up between 2s & casts to 2nd place own side as 1M dances between 3s & casts up

WEST'S HORNPIPE (R4x32) 4C set www.youtube.com/watch?v=eWieZIdoBq4&t=11s

unknown deviser (1797) 5 Traditional SCDs 1965

- 1- 8 1s cross down & dance reflection reels of 3 on opposite sides
9-16 1s cross down to dance reflection reels of 3 on own sides
17-24 1s lead down the middle & back to top (1s end facing 2s diagonally)
25-32 1s set to 2s & dance down to 4th place, 4s+1s circle 4H round to left

TRIPLE HAPPINESS (S3x32) 3C

www.youtube.com/watch?v=RciLq_L-Ums

Yoshiki Oyama RSCDS Book 52

- 1- 8 1s advance and retire (1 step each) taking RH briefly, 1s ½ turn LH, cross down between 2s and cast up to place
9-16 1s+2s dance the Knot. 1s end facing 1st corners
17-24 1s dance Corners pass and turn with 1st corners, pass RSh,
Repeat with 2nd corners and 1s pass RSh into 2nd place own sides (corners turn 2H in centre)
25-32 All chase clockwise ½ round to opposite sides, all ½ turn 2H, pull back RSh and dance out to own sides. 312

CRANBERRY TART, THE (J8x32) 3C (4C set)

www.youtube.com/watch?v=LU8zp1xglwM&t=10

Terry Glasspool 7 Year Itch

- 1- 8 1M sets & casts 1 place, sets & petronella turns between 3s facing up **while** 1L stands for 2 bars then sets, casts 1 place & sets
9-16 1M sets in line with 3s & all 3 Adv+Ret then 1M advances to partner
while 1L petronella turns between 2s & sets in line with 2s then all 3 Adv+Ret
17-24 1L followed by partner dances reel of 3 across with 2s (RSh to 2L) to end in 2nd place own sides
25-32 1s dance RSh reels of 3 on sides giving RSh to 3s

ROYAL YACHT BRITANNIA, THE (R8x40) 3C (4C set)

www.youtube.com/watch?v=hCh_aHEu26E&t=6s

John Drewry RSCDS Book 43

- 1- 8 1s set, dance down to 2nd place and out own side, cast round to left and into middle (2nd place) LSh to LSh (on opposite sides)
9-16 1s dance RH across (Lady with 2M+3M and Man with 2L+3L) and LH across with 2s+3s on own sides
1s end passing LSh to face 1st corners
17-24 1s set to 1st corners, 1s dance RSh round each other to face 2nd corners, set and dance round each other
to 2nd place own side facing out
25-32 2s+1s+3s dance reels of 3 on own sides (1s giving RSh to person on their right)
33-40 2s+1s+3s circle 6H round and back

CASHMERE SHAWL, THE (S8x32) 3C (4C set)

www.youtube.com/watch?v=ictGLXdd27Y&t=7

Iain Boyd Strathtay Album

- 1- 8 1s turn RH & cast down 2 places, cross LH & cast up to 2nd place opposite sides
9-16 1s turn RH, turn 1st corners LH, turn 2nd corners RH, turn partner LH to face 1st corners
17-24 1s ½ diagonal reel of 4 with 1st corners & ½ diagonal reel with 2nd corners, 3s+1s+2s all end on opposite sides
25-32 1s change places RH with person diagonally to right, new centre couple LH with person diag left,
new centre couple RH diag right, all cross back LH

BIRLS ALLOWED (J8x32) 3C (4C set)

www.youtube.com/watch?v=TsToyBTwFHQ

Alex Taylor Bannockburn 700

- 1- 8 1s cross RH & cast 2 places,
1s with 3s+2s dance ½ reflection reel of 3 (1s dancing in/up, 3s down/out, 2s in/down to start) (1)3 2
9-16 1s cross down to dance full reels of 3 on own sides. 1 3 2
17-24 3s+2s Set & Rotate:-
` Set, rotate singly & dance on 1 place clockwise,
change places RH on sides & dance on 1 place to own sides (3s in 2nd pl). 1 2 3
25-32 1s+2s dance ½ R&L,
2s also 1s turn 1½ times RH. 2 1 3

POLHARROW BURN (R5x32) 5C set www.youtube.com/watch?t=222&v=S_6xmQAc9RE&t=3m24s Hugh Foss *Glendarroch Scottish Dance Sheets*
1- 8 1s & 3s cross RH, cast 1 place & dance ½ Fig of 8 round couple above them
9-16 1s & 3s turn RH then LH (long turns) to face 1st corners **while** 2s & 5s ½ turn RH & chase clockwise to other end of set
17-24 1s & 3s dance ½ Reels of 4 with 1st corners then 2nd corners
25-32 1s & 3s dance ½ Reel of 4 with 3rd corner, turn partner LH & cast down 1 place own sides. 2 4 1 5 3

WATER OF LEITH, THE (S4x32) 4C set www.youtube.com/watch?v=iDpctXSObCo&t=8s John Wilkinson *Edinburgh 90th Anniv*
1- 8 1s+3s set. 1L dances down, casts up round 2M into middle facing down as 1M dances across, casts round 2L into middle facing up while 3s dance same round 4s. 1s+3s change places RH with partner into line of 4 in middle (M face down, L face up)
9-16 1s+3s dance reel of 4 in middle
17-20 1s+2s also 3s+4s dance RH across
21-24 1M followed by 1L casts round 2L to 2nd place own sides as 3M followed by 3L casts round 4L to 4th place (2s+4s step up 23-24)
25-32 1s+4s (middle couples) dance Espagnole:
25-26 1s+4s cross (Ladies lead across RH passing between Men) with Ladies changing places RH
27-28 1s+4s cross back (Men lead across RH between Ladies) with Men changing places RH
29-32 4s turn RH as 1s turn LH

MAJOR IAN STEWART (J8x32) 3C (4C set) www.youtube.com/watch?v=6yYDLI4hPEw&t=5 John Drewry *RSCDS Book 35*
1- 8 1s+2s ½ turn partners RH & dance RH across ½ way, 2s+1s full turn partner RH ending with 2s at top & 1s in 2nd place
9-16 2s+1s+3s dance reels of 3 on own sides (1L dances in & up **as** 1M dances in & down to start) & 1s end facing 1st corners
17-24 1s set to 1st corners then to each other across the dance, set to 2nd corners & Petronella turn to 2nd place own sides
25-32 2s+1s+3s circle 6H round to the left for 6 steps, pivot & chase back to places



INTERVAL



ORPINGTON CALEDONIANS (R8x32) 3C in 4C set www.youtube.com/watch?v=V8z63ELQtTo&t=20s John Brenchley *RSCDS Book 49*
1-8 1C set (2 bars), 1L casts 1 place and dances across the set as 1M dances across and casts (4 bars)
both ending in 2nd place opposite side, [2C stepping up on bars 5 & 6]
1C ½ turn 3C Left Hand (2 bars), 1M & 3M finish facing out, ready for
9-16 1C & 3C dance Ladies chain [Ladies Chain](#)
17-24 1M casts up 1 place and dances across to own side as 1L dances across the set and casts up 1 place, 3C step down on bars 19-20
2C & 1C dance RH Across, 1C end in 2nd place own side facing down
25-32 2C, 1C, 3C dance reels of 3 on own sides, 1C start by passing 3C Left shoulder

4

MIDSUMMER COMMON (S8x32) 3C (4C set) www.youtube.com/watch?v=9DfE6uTmfmE&t=20 Tom & Lindsey Ibbotson *RSCDS Book 49*
1- 8 1s set, ½ turn RH, lead down, cross below 3s, cast up to 2nd place own sides (2s step up 5-6)
9-16 1s set advancing to 1st corners & turn 1st corners 2H finishing 1M between 3s, 1L between 2s.
1s set advancing to 2nd corners, turn 2nd corners 2H & retain 2nd corner's LH
17-24 1M+2s **also** 1L+3s circle 3H round to Left, 1s pull back RSh to face up/down set. 1s set, petronella turn to 2nd place own sides
25-32 2s+1s dance Poussette *video instruction of strathspey poussette: www.scottish-country-dancing-dictionary.com/videoclips/strathspey-poussette.html*

DANCING MASTER, THE (J96) Sq.Set www.youtube.com/watch?v=YekGMBP1LHk&t=1m35s John Drewry *Donside Book*
1- 8 1s & 3s set & pivot to right & dance round ¼ clockwise inside set (L follows M) & face in,
1s+3s change places with other partner RH & dance clockwise back to partners place (M follows L)
9-16 1s & 3s dance RH across with corner 2L/4L, 1s & 3s dance across & LH across with other corner 4M/2M
to end in pl facing clockwise (M behind L)
17-24 1s **also** 3s dance Tandem reels of 3 with corners, 1s & 3s ending in prom hold facing out
25-32 1s & 3s dance clockwise ½ way round outside of set & dance in back to original places (pass RSh)
while 2s & 4s (prom hold) Adv+Ret
33-64 2s & 4s repeat above Figs from beginning (bars 1-32)
65-72 All set to partners & change place RH, Ladies dance ¾ **RH** across **while** Men cast 1 place clockwise to meet opposite Lady
73-80 All repeat this Fig (bars 65-72) to end with own partners (opposite to where they started)
81-88 All dance ½ Schiehallion Reel (2 places) back to original places
89-96 All circle 8H round & back

TRIP TO TIMBER RIDGE (R8x32) 3C (4C set) www.youtube.com/watch?v=B6h9ivUHlP8 Linda Henderson *Heart of San Francisco & RSCDS Book 52*
1- 8 1s turn RH, cast (2s step up) then 1L+2s & 1M+3s dance RH across. 1s end facing 1st corners
9-16 1s dance Corner Pass+Turn with 1st corners, pass RSh & repeat with 2nd corners. 1s pull back RSh
to end BtoB in centre facing opp sides
17-24 2s+1s+3s dance Double Triangles. Bars 23-24 1s petronella turn to 2nd place own sides
25-32 2s+1s+3s circle 6H round and back

MONTPARNASSE (S4x32) 4C setwww.youtube.com/watch?v=Ytfu3ZsxXcA&t=24

Ann Dix Reel Friends 3

- 1- 8 1s & 4s set & cross RH (4 bars),
cast in 1 place (bars 5+6) & dance LH across ½ way (bars 7+8)
- 9-16 All dance RSh reels of 4 on sides & end facing up/down
- 17-24 All set to facing person on sides & turn 2H, 2s+4s **also** 1s+3s circle 4H round to left
- 25-32 2s+4s **also** 1s+3s dance Diamond Poussette

NEIL M GRANT (J8x32) 4C setwww.youtube.com/watch?v=kbTj5bdb9og&t=22

Christine Grant RSCDS Book 49

- 1- 8 1s cross RH, cast (2s step up). 1s dance ½ Figs 8 (1M round 2s, 1L round 3s)
& join LH giving RH to 1st corners
- 9-16 2s+1s+3s dance **The Spoke**:-
1s Bal-in-Line with 1st corners, then 2nd, 3rd & 4th corners.
1s finish facing 1st corners
- 17-24 1s dance ½ diagonal reel of 4 with 1st corners, pass RSh, dance ½ diagonal reel of 4 with 2nd corners
to finish in 2nd place, opp sides facing clockwise
- 25-32 3s+1s+2s dance clockwise ½ way round. 1M+3s & 1L+2s dance RH across

RAY MILBOURNE (R4x32) 4C set **2s & 4s on opp sides**www.youtube.com/watch?v=Bl2uUaZ3j-8

Derek Haynes Carnforth Coll

- 1- 8 1s & 4s cross RH, cast in 1 place & dance ½ Figs of 8 round end couples
- 9-16 1s+4s dance ½ R&L, all dance ½ reels of 4 on sides
- 17-24 3s+1s **also** 4s+2s dance Men's chain
- 25-32 All circle 8H round & back

GARDENERS' FANTASIA, THE (S3x32) 3C setwww.youtube.com/watch?v=r7k0sHLLq0o&t=13s

Pamela Cook RSCDS Book 46

- 1- 8 1s+2s circle 4H round to left, 1s facing 2s set turning inwards cast 1 place to face 3s
- 9-16 1s+3s dance the Rondel, [Rondel](#)
1s end in 3rd place and 3s end in 2nd place facing 1st corners
- 17-24 3s set to and turn corners 3s ending 2nd place opposite sides
- 25-32 2s+1s dance R&L (begin on sides)
while 3s dance up between 2s and cast to 2nd pl then lead down LH b'tw'n 3rd pl crossing and cast up to 2nd pl. 231

BEES OF MAGGIEKNOCKATER, THE (J4x32) 4C setwww.youtube.com/watch?v=7zDVIqjH20&t=28s

John Drewry Canadian Book

- 1- 8 1s cross RH & cast 1 place, dance RH across with 3s & end 1M+3L **also** 1L+3M in prom hold facing out to pass corner person RSh
- 9-24 All dance 4x ½ Reels of 3 on sides (to right to start, then left, right & left)
with 1s+3s changing partners in centre at end of each ½ Reel to progress Men clockwise & Ladies anticlockwise.
End in centre 1s facing down & 3s facing up
- 25-32 1s dance between 3s turning 3s with nearer hand 1½ times,
crossing over to own sides & turn 4th person on own sides (Men RH & Ladies LH)

SWISS LASSIE (R8x32) 3C (4C set)www.youtube.com/watch?v=SH0VvKncStS&t=5

Rosi Betsche RSCDS Book 39

- 1- 8 1s dance in & cast to 3rd place,
2s+1s turn partners RH 1¼ times to form a line up & down middle of set (Men facing down Ladies up)
- 9-16 2s+1s dance reel of 4 up & down middle of set ending with 2M facing Ladies side & 1L facing Men's side
- 17-24 2s+1s chase round clockwise ½ way, 1s+3s+2s Adv+Ret
- 25-32 3s+2s ½ turn partners RH, dance RH across ½ way, 1s+2s ½ turn partners RH & dance RH across ½ way

- - - - -

www.pancreaticcanceraction.org

in aid of

Pancreatic Cancer Action Scotland

Reg. No. SC C049777

Formed in 2020 from the merger of two charities Pancreatic Cancer Scotland and Pancreatic Cancer Action, who had already been collaborating, Pancreatic Cancer Action Scotland focuses on improving pancreatic cancer survival rates through early diagnosis and raising awareness of the symptoms and risk factors of pancreatic cancer and improving the quality of life of patients