



# West MACS Charity Ball



Saturday 23<sup>rd</sup> April 2022, 7.30pm - 11.30pm

Allum Hall, 2 Allum Lane, Elstree WD6 3PJ

dancing to Jim Lindsay Scottish Dance Band

in aid of *Alzheimer Scotland*

**JOIE DE VIVRE** (J8x32) 3C (4C set) [www.youtube.com/watch?v=7swZCrpPQRc](http://www.youtube.com/watch?v=7swZCrpPQRc) *Irene van Maarseveen RSCDS Book 39*

- 1- 8 1s set, cast 1 place, 1s dance down between 3s & cast back to 2<sup>nd</sup> place on own sides
- 9-16 2s+1s+3s turn RH & chase ½ way round clockwise
- 17-24 3s+1s+2s dance DoSiDo, set & ½ turn partners RH for Allemande
- 25-32 3s+1s+2s dance Allemande

**WEST'S HORNPIPE** (R4x32) 4C set [www.youtube.com/watch?v=vUsWwktotak](http://www.youtube.com/watch?v=vUsWwktotak) *5 Traditional SCDs 1965*

- 1- 8 1s cross down & dance reflection reels of 3 on opposite sides
- 9-16 1s cross down to dance reflection reels of 3 on own sides
- 17-24 1s lead down the middle & back to top (1s end facing 2s diagonally)
- 25-32 1s set to 2s & dance down to 4<sup>th</sup> place (2s+3s+4s step up 27-28), 4s+1s circle 4H round to left

**SLYTERIN HOUSE** (S8x32) 3C (4C set) [www.youtube.com/watch?v=HfYXLLyutso&t=16](http://www.youtube.com/watch?v=HfYXLLyutso&t=16) *Chris Ronald RSCDS Book 52*

- 1- 8 1s+2s Set+Link; circle 4H round to Left 2 1 3
- 9-16 1s pull back RSh & cast round 3<sup>rd</sup> corner (Man up/Lady down), pass LSh in centre & dance LSh round 1<sup>st</sup> corner (6 bars)  
1s turn ¾ LH to end in centre 1M below 1L
- 17-24 1L+2s & 1M+3s dance RH across  
"Snake Pass":  
1L followed by 2L & 2M, 1M followed by 3M & 3L, pass LSh in the middle, dance out to the side, down to 3<sup>rd</sup>/up to 1<sup>st</sup> place,  
cross to own side and cast up/down to 2<sup>nd</sup> place in middle, RSh to RSh facing opp sides
- 25-28 1M+3s (at top) & 1L+2s (at bottom) dance LH across
- 29-32 Repeat "Snake Pass" with dancers passing RSh in middle & all finish on sides 2 1 3

**INCHMICKERY** (J5x32) 5C set [www.youtube.com/watch?v=60uojLsvxFU](http://www.youtube.com/watch?v=60uojLsvxFU) *Roy Goldring 14 Social Dances*

- 1- 8 1s+2s circle 4H round to left, 1s dance in & cast to 3<sup>rd</sup> place
- 9-16 1s dance RH across (Lady with 3s & Man with 4s), pass RSh & dance LH across with other couple
- 17-24 1L+2M **also** 1M+5L turn RH, 1L+5M **also** 1M+2L turn LH (1s end 3<sup>rd</sup> place own side)
- 25-32 1s dance in & cast to 5<sup>th</sup> place, 5s+1s circle 4H round **to right.** 2 3 4 5 1

**MR IAIN STUART ROBERTSON** (R8x32) 3C (4C set) [www.youtube.com/watch?v=uWB9sEAz454](http://www.youtube.com/watch?v=uWB9sEAz454) *Barbara de Winton RSCDS Book 42*

- 1- 8 1s set advancing & turn 2H to face down & give nearer hand to 2s (2s face up),  
1s+2s set & 1s turn 2s on sides with nearer hand
- 9-16 1s followed by 2s (who dance up to follow) dance down for 3 bars, 1s dance to top **as** 2s divide & follow,  
1s cast to 2<sup>nd</sup> place & 2s to top & face out
- 17-24 2s+1s+3s dance reflection reels of 3 on sides (1s in & down to start, all joining hands where possible) 2s & 3s ending with a loop
- 25-32 1s dance ½ reels of 3 across (Lady with 2s & Man with 3s), 1s dance ½ reels of 3 across (Man with 2s & Lady with 3s)

**BLUE MESS JACKET, THE** (S4x32) 4C set [www.youtube.com/watch?v=9xwk8ZUp7UQ](http://www.youtube.com/watch?v=9xwk8ZUp7UQ) *Douglas Henderson Kinclaven Book*

- 1- 8 2s followed by 1s lead down the middle, 1s cross & cast up to top & turn in to face 2s who have danced back to place
- 9-16 1s dance ½ reel of 4 with 2s & ½ turn partner RH to face 3s, 1s dance ½ reel of 4 with 3s & ½ turn partner RH to face 4s
- 17-24 1s dance ½ reel of 4 with 4s & ½ turn RH, continue turn to end in 4<sup>th</sup> place opposite sides & all set
- 25-32 All Petronella to centre & set, Petronella to own sides & set

**BIRLS ALLOWED** (J8x32) 3C (4C set) [www.youtube.com/watch?v=TsToyBTwFHQ](http://www.youtube.com/watch?v=TsToyBTwFHQ) *Alex Taylor Bannockburn 700*

- 1- 8 1s cross RH & cast 2 places,  
1s with 3s+2s dance ½ reflection reel of 3 (1s dancing in/up, 3s down/out, 2s in/down to start) (1)3 2
- 9-16 1s cross down to dance full reels of 3 on own sides. 1 3 2
- 17-24 3s+2s Set & Rotate:-  
Set, rotate singly & dance on 1 place clockwise,  
change places RH on sides & dance on 1 place to own sides (3s in 2nd pl). 1 2 3
- 25-32 1s+2s dance ½ R&L,  
2s also 1s turn 1½ times RH. 2 1 3

**SCOTT MEIKLE** (R4x32) 4C set[www.youtube.com/watch?v=DhE0LHERekE&t=7](http://www.youtube.com/watch?v=DhE0LHERekE&t=7)

Alice McLean Laurieston Collection vol 1

- 1- 8 1s cross RH & cast to 2<sup>nd</sup> place, 1s dance ½ Fig of 8 round 2s  
 9-16 1s+3s dance RH across, LH back  
 17-24 1L followed by 3L dance Tandem reel of 3 across with 2s (1L ends 3<sup>rd</sup> pl)  
**while** 3M followed by 1M reel of 3 with 4s (3M to 2<sup>nd</sup> pl)  
 25-32 1s+4s dance ½ R&L, turn partners RH 1½ times

**MISS ELEANOR** (S3x32) 3C set[www.youtube.com/watch?v=AiXD4Mhkgw4&t=20](http://www.youtube.com/watch?v=AiXD4Mhkgw4&t=20)

Ann Dix RSCDS Book 49

- 1- 8 Mirror reels of 3 on sides (1s start by going in and down)  
 9-16 1s set and cast off, turn RH to face out and cast to their right, ready for  
 17-24 3 couple Bourrel  
 ' 1M+3L also 2M+1L set advancing diag and ¾ turn 2H to line up/down middle & twirl to face own partners  
**while** 3M and 2L chase anticlockwise to face partner  
 All set to partner and turn 2H to own sides 3 1 2  
 25-32 Circle 6 hands round and back

**JIM'S HABERDASHERY** (J8x40) 3C (4C set)[www.youtube.com/watch?v=t\\_vm54-1nrg&t=7](http://www.youtube.com/watch?v=t_vm54-1nrg&t=7)

Alan MacPherson Bannockburn 700

- 1- 8 1s+2s dance Double Fig of 8 (1s crossing down)  
 9-16 1M+2M turn RH & 1L+2L turn LH 1½ times (4 bars), 1s dance out own side, down behind 3s & cross up to 2<sup>nd</sup> place opp sides  
 17-24 1s dance reels of 3 on opposite sides (1s out & up/2s in & down to start), 1s end crossing up to 2<sup>nd</sup> place own sides  
 25-32 1s dance reels of 3 on own sides (1s out & up to start), 1s end in centre facing up  
 33-40 1s dance up to top, cast to 2<sup>nd</sup> place & 2s+1s+3s turn RH

**I N T E R V A L****JOHN OF BON ACCORD** (R8x32) 3C (4C set)[www.youtube.com/watch?v=C2u90sMsEwc&t=10](http://www.youtube.com/watch?v=C2u90sMsEwc&t=10)

Roy Goldring, RSCDS Book 33

- 1-16 1s dance 4 progressive ½ diagonal reels of 3 with 2L then 2M  
 then 3L & lastly 3M, (1s start by passing RSh & 1M giving LSh to 2L)  
 17-24 1s turn RH & cast up to 2<sup>nd</sup> place on own sides, dance ½ Fig of 8 around the 2s to 2<sup>nd</sup> place opposite sides  
 25-32 2s+1s+3s turn ¾ RH to end in line in centre of dance facing prtners (M facing down & L up) & set,  
 ¾ turn RH to end on own sides & set

**FAR NORTH QUEENSLAND** (S5x32) 5C set[www.youtube.com/watch?v=W7ficzRloKc&t=2](http://www.youtube.com/watch?v=W7ficzRloKc&t=2)

John Brenchle: The Other Kangaroo Paw

- 1-8 1s+ 5s cross RH & cast down/up 1 place, 1M+2s also 1L+3s+5M also 5L+4s dance circles round to Left.  
 1s+5s end in middle facing partners (Men facing down, Ladies facing up)  
 9-16 1s+5s set, dance ½ reel of 4, set advancing to partners, pass LSh to face 2<sup>nd</sup> corner positions  
 17-24 1s+5s dance ½ diag reel of 4 with 2<sup>nd</sup> corners, turn LH to face 1<sup>st</sup> corner positions,  
 dance ½ diag reel of 4 with 1<sup>st</sup> corners, turn LH to face 4<sup>th</sup> corner positions (partner's 2<sup>nd</sup> corner position)  
 25-32 1s+5s dance ½ diag reel of 4 with 4<sup>th</sup> corners, turn LH to face out on own sides, cast 1 place (3s+2s step up 31-32)  
 4 3 5 2 1

**NEIL M GRANT** (J8x32) 4C set[www.youtube.com/watch?v=kbTj5bdb9og&t=22](http://www.youtube.com/watch?v=kbTj5bdb9og&t=22)

Christine Grant RSCDS Book 49

- 1- 8 1s cross RH, cast (2s step up). 1s dance ½ Figs 8 (1M round 2s, 1L round 3s)  
 & join LH giving RH to 1<sup>st</sup> corners  
 9-16 2s+1s+3s dance The Spoke:-  
 1s Bal-in-Line with 1<sup>st</sup> corners, then 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> corners.  
 1s finish facing 1<sup>st</sup> corners  
 17-24 1s dance ½ diagonal reel of 4 with 1<sup>st</sup> corners, pass RSh, dance ½ diagonal reel of 4 with 2<sup>nd</sup> corners  
 to finish in 2<sup>nd</sup> place, opp sides facing clockwise  
 25-32 3s+1s+2s dance clockwise ½ way round. 1M+3s & 1L+2s dance RH across

**RAY MILBOURNE** (R4x32) 4C set **2s & 4s on opp sides**[www.youtube.com/watch?v=Bl2uUaZ3j-8](http://www.youtube.com/watch?v=Bl2uUaZ3j-8)

Derek Haynes Carnforth Coll

- 1- 8 1s & 4s cross RH, cast in 1 place & dance ½ Figs of 8 round end couples  
 9-16 1s+4s dance ½ R&L, all dance ½ reels of 4 on sides  
 17-24 3s+1s **also** 4s+2s dance Men's chain  
 25-32 All circle 8H round & back

**MARGARET PARKER'S STRATHSPEY** (S8x32) 3C (4C set) [www.youtube.com/watch?v=gMtvSghTBsg](http://www.youtube.com/watch?v=gMtvSghTBsg) *John Drewry RSCDS Book 31*  
 1- 8 1s cross below 2s & cast down behind 3s, dance up, 1L dances LH across with 2M+3M & 1M dances RH with 2L+3L  
 9-16 1M+2L **also** 1L+2M continue to turn until 1s are in 2<sup>nd</sup> place, 1s  $\frac{3}{4}$  turn 2H (to end Man above 2s & Lady above 3s),  
 1M+2s **also** 1L+3s dance 3H round to left to end in lines of 3 across  
 17-24 Both lines dance down, all turning right about, dance back & end with top line turning to face 1L+3s  
 25-32 2s+1s+3s set & change places RH with person opposite,  
 set, 1s cast into 2<sup>nd</sup> place **while** 2s & 3s change places RH with opposite person

**EQUILIBRIUM** (J8x32) 3C (4C set) [www.youtube.com/watch?v=oz5n5fRp7E4&t=7](http://www.youtube.com/watch?v=oz5n5fRp7E4&t=7) [www.youtube.com/watch?v=g5EqQKXyGB0](http://www.youtube.com/watch?v=g5EqQKXyGB0) *Ian Barbour Scottish Dance Archives*  
 1- 8 1s cast 1 place, cross LH & cast round their 2<sup>nd</sup> corners to face 1<sup>st</sup> corners  
 9-16 1s dance reel of 3 on opposite sides (passing 1<sup>st</sup> corner RSh)  
 17-28 1s dance Fig of 8 Grand Chain: -  
 1s change places RH with 1<sup>st</sup> crnrs on sides **as** 2<sup>nd</sup> crnrs cross diag RH, 1s cross diag LH **as** others change pl LH on sides,  
 continue this Fig back to pl (Ladies in top pl always cross diag with Man in 3<sup>rd</sup> pl **as** others change pl on sides)  
 29-32 1s set & cross RH

**BLACK MOUNTAIN REEL, THE** (R5x32) 5C set [www.youtube.com/watch?v=fiWqbbGUUFE](http://www.youtube.com/watch?v=fiWqbbGUUFE) [www.youtube.com/watch?v=4ZIHn0LBisU](http://www.youtube.com/watch?v=4ZIHn0LBisU) *Derek Haynes Carnforth Coll 3*  
 1- 8 1s & 3s cross RH & cast off 1 place, dance  $\frac{1}{2}$  Fig of 8 round the couples above them & cross to face 1<sup>st</sup> corners  
 9-16 1s & 3s turn 1<sup>st</sup> corners RH & partner LH, turn 2<sup>nd</sup> corner RH & partner LH to face 1<sup>st</sup> corners again  
 17-24 1s & 3s dance diagonal reel of 4 with 1<sup>st</sup> corners  
 25-32 All dance RH across once round (1L with 2s, 1M+3L with 4s & 3M with 5s), 1s & 3s turn partners LH & cast one place

**CITY OF BELFAST** (S3x32) 3C set [www.youtube.com/watch?v=dfpPDV8WhRA&t=13](http://www.youtube.com/watch?v=dfpPDV8WhRA&t=13) *Lucy Mullholland Belfast Diamond Jubilee Book*  
 1- 8 s dance  $\frac{1}{2}$  Fig of 8 round 2s, 1L+2M turn RH  $1\frac{1}{4}$  times **while** 1M+2L turn LH  $1\frac{1}{4}$  times & 1s end BtoB facing opp sides  
 9-16 1s+2s dance reel of 4 across & 2s end in 1<sup>st</sup> places **while** 1s pass LSh to face 1<sup>st</sup> corners  
 17-24 1s set to 1<sup>st</sup> corner & 2<sup>nd</sup> corner ending (turning to right) between corners, all set & 1s cross RH  
 25-32 1s+3s dance Espagnole:-  
 `25-26 1s+3s cross (Ladies lead across RH passing between Men) with Ladies changing places RH  
 `27-28 1s+3s cross back (Men lead across RH between Ladies) with Men changing places RH  
 `29-32 3s turn RH **as** 1s turn LH to end 2 3 1

[www.youtube.com/watch?v=7zDVLqjFH20&t=28](http://www.youtube.com/watch?v=7zDVLqjFH20&t=28) or [www.youtube.com/watch?v=yJaR\\_TCbQG0&t=19](http://www.youtube.com/watch?v=yJaR_TCbQG0&t=19)  
**BEES OF MAGGIEKNOCKATER, THE** (J4x32) 4C set *John Drewry Canadian Book*  
 1- 8 1s cross RH & cast 1 pl, dance RH across with 3s & end 1M+3L **also** 1L+3M in prom hold facing out to pass corner person RSh  
 9-24 All dance 4x  $\frac{1}{2}$  Reels of 3 on sides (to right to start, then left, right & left)  
 with 1s+3s changing partners in centre at end of each  $\frac{1}{2}$  Reel to progress Men clockwise & Ladies anticlockwise.  
 End in centre 1s facing down & 3s facing up  
 25-32 1s dance between 3s turning 3s with nearer hand  $1\frac{1}{2}$  times,  
 crossing over to own sides & turn 4<sup>th</sup> person on own sides (Men RH & Ladies LH)

**MRS MACPHERSON OF INVERAN** (R8x32) 3C (4C set) [www.youtube.com/watch?v=jq\\_0ovvwy8nI&t=7](http://www.youtube.com/watch?v=jq_0ovvwy8nI&t=7) *John Drewry Bon Accord Book*  
 1- 8 1s dance Inveran Reels with 2s+3s  
 9-16 1s turn RH  $1\frac{1}{2}$  times moving down to 2<sup>nd</sup> places (opposite sides), 1s cast up behind 2s & cross down to 2<sup>nd</sup> place own side  
 17-24 2s+1s+3s dance Grand Chain  
 25-32 2s+1s+3s circle 6H round & back

[www.alzscot.org](http://www.alzscot.org)

in aid of  
**Alzheimer Scotland**  
 Reg. No. SC 009068

**Alzheimer Scotland** is Scotland's national dementia charity providing support and information to people with dementia, their carers and families, campaigning for the rights of people with dementia and funding vital dementia research.

**Alzheimer Scotland** has Dementia Resource Centres in 21 locations across Scotland providing a safe and friendly environment for people with dementia and their carers to visit and take part in a wide variety of activity groups. They operate a 24 hour Freephone Dementia Helpline providing information and emotional support to people with dementia, carers, families, friends and professionals and there is a network of Dementia Advisors employed by **Alzheimer Scotland** who work in local communities to support people with a diagnosis by giving advice and information.

**Alzheimer Scotland** employs around 550 full and part-time staff in services across Scotland and is supported by over 1,000 volunteers and reaches over 9,000 members and over 90,000 Dementia Friends.