



West MACS Charity Ball



Saturday 14th April 2018, 7.30pm - 11.30pm
Allum Hall, 2 Allum Lane, Elstree WD6 3PJ
dancing to Ian Muir and the Glencaig Band
in aid of MS Therapy Centre Lothian

- CAPITAL JIG, A** (J8x32) 4C set www.youtube.com/watch?v=i8hhJZQ95Ko&t=1 *Tine E Mackay 5 dances 2009*
1- 8 1s+2s **Set+Rotate** (end 1s facing up, 2s down)
Set, rotate singly & dance on 1 place clockwise, change places RH on sides & dance on 1 place to own sides (1s in 2nd pl)
9-16 1s dance reels of 3 on own sides (RSh to 2s)
17-24 1s set & turn RH to face own sides, 1s dance LH across (1L with 2s, 1M with 3s) to end 2nd place opposite sides
25-32 1s set & turn RH to face opposite sides, 1s dance LH across (1M with 2s, 1L with 3s) ending 2nd place own sides
- TRIP TO BAVARIA, A** (R4x32) 4C set www.youtube.com/watch?v=BfQsZzMCyqI&t=8 *James MacGregor-Brown Collins Pocket Reference*
1- 8 1s & 4s cross RH **while** 2s+3s dance ½ RH across, 1s+3s & 2s+4s change places LH on sides
End couples cross RH **while** middle couples dance ½ RH across, couples in 1st+2nd pl also 3rd+4th pl change places LH on sides
9-16 Repeat back to original places
17-24 1s set to 2s & cross over to face 3s, set & cross to face 4s
25-32 1s set to 4s & cross over to 4th place on opp sides, all Adv+Ret 2 steps 1s change places RH (2H popular) to retire to own sides
- CASHMERE SHAWL, THE** (S8x32) 3C (4C set) www.youtube.com/watch?v=ictGLXdd27Y&t=Z *Iain Boyd Strathtay Album*
1- 8 1s turn RH & cast down 2 places, cross LH & cast up to 2nd place opposite sides
9-16 1s turn RH, turn 1st corners LH, turn 2nd corners RH, turn partner LH to face 1st corners
17-24 1s ½ diagonal reel of 4 with 1st corners & ½ diagonal reel with 2nd corners, 3s+1s+2s all end on opposite sides
25-32 1s change places RH with person diagonally to right, new centre couple LH with person diag left, new centre cple RH diag right, all cross back LH
- EQUILIBRIUM** (J8x32) 3C (4C set) www.youtube.com/watch?v=OfXu-sFsqIE *Ian Barbour Scottish Dance Archives*
1- 8 1s cast 1 place, cross LH & cast round their 2nd corners to face 1st corners
9-16 1s dance reel of 3 on opposite sides (passing 1st corner RSh)
17-28 1s dance Fig of 8 Grand Chain: -
1s change places RH with 1st crnrns on sides **as** 2nd crnrns cross diag RH, 1s cross diag LH **as** others change pl LH on sides, continue this Fig back to pl (Ladies in top pl always cross diag with Man in 3rd pl **as** others change pl on sides)
29-32 1s set & cross RH
- STAIRCASE IN STYRIA** (R5x40) 5C set www.youtube.com/watch?v=bzS8pTX6h9g *Margaret Gray The Sunday Class Book 2*
1- 8 1s+2M **also** 3s+4M dance RH across, 1s+2L **also** 3s+4L dance LH across
9-16 1s+4M **also** 3s+5M dance RH across, 1s+4L **also** 3s+5L dance LH across & 1L **also** 3L end facing out Ladies side with partners behind them
17-24 1s & 3s dance out Ladies' side & cast up 1 place, cross to Mens side & cast up to original place Ladies looping round by the right
25-32 1s cross & cast 1 place, 1s followed by 3s dance up & cast (1s to 3rd place, 3s to 2nd place)
33-40 1s cross & cast 1 place, 1s followed by 5s dance up & cast (1s to 5th place, 5s to 4th place). 2 3 4 5 1
NB - No stepping up or down until bar 27
- GARDENERS' FANTASIA, THE** (S3x32) 3C set www.youtube.com/watch?v=i8Bx2AJWPqI&t=9 *Pamela Cook RSCDS Book 46*
1- 8 1s+2s circle 4H round to left, 1s facing 2s set turning inwards cast 1 place to face 3s
9-16 1s+3s dance the Rondel, 1s end in 3rd place and 3s end in 2nd place facing 1st corners
17-24 3s set to and turn corners 3s ending 2nd place opposite sides
25-32 2s+1s dance R&L (begin on sides)
while 3s dance up between 2s and cast to 2nd pl then lead down LH b'tw'n 3rd pl crossing and cast up to 2nd pl. 231
- JOHN OF BON ACCORD** (R8x32) 3C (4C set) www.youtube.com/watch?v=C2u90sMsEwc&t=10 *Roy Goldring, RSCDS Book 33*
1-16 1s dance 4 progressive ½ diagonal reels of 3 with 2L then 2M then 3L & lastly 3M, (1s start by passing RSh & 1M giving LSh to 2L)
17-24 1s turn RH & cast up to 2nd place on own sides, dance ½ Fig of 8 around the 2s to 2nd place opposite sides
25-32 2s+1s+3s turn ¾ RH to end in line in centre of dance facing prttnrs (M facing down & L up) & set, ¾ turn RH to end on own sides & set
- SPIFFIN'** (J5x32) 5C Sq.Set (5s facing 1s) www.youtube.com/watch?v=W6LNwJxiYxM&t=5 *David & Avril Quarrie+Friends*
1- 8 5s dance reels of 3 with 1s+3s (5s start by passing opposite dancer by LSh)
9-16 5L dances RH across with 2s **while** 5M dances LH across with 4s, 5s lead up thru 1s & cast back to centre
17-24 5L dances LH across with 2s **while** 5M dances RH across with 4s, 5s lead down thru 3s & cast back to centre
25-32 5s turn (Kilt Grip) twice, 5s+1s set & dance part LH across (5s dance ½ way **while** 1s dance ¼ way & into centre to face 2s)

MONTPARNASSE (S4x32) 4C set <http://my.strathspey.org/dd/dance/11814/>
 1- 8 1s & 4s set & cross RH, cast in 1 place & dance LH across ½ way
 9-16 All dance RSh reels of 4 on sides & end facing up/down
 17-24 All set to facing person on sides & turn 2H, 2s+4s **also** 1s+3s circle 4H round to left
 25-32 2s+4s **also** 1s+3s dance Diamond Poussette

Ann Dix Reel Friends 3

RAMADAN-CE (R8x32) 3C (4C set) www.youtube.com/watch?v=IsacUJL30ok
 1- 8 1s dance Inveran Reels with 2s+3s
 9-16 1s cross RH, cast 1 place & turn RH to face 1st corners
 17-24 1s dance RSh round 1st corner, pass RSh & dance RSh round 2nd corner to end 2nd place opposite side
while 1st corners dance in, ½ turn RH, twirl & dance out to each others place, 2nd corners dance similarly. (3)(1)(2)
 25-32 1s dance ½ reels of 3 across (Man with 3s & Lady with 2s), 1s dance ½ RSh reels of 3 on own sides (Man Down, Lady up)

John Drewry Turkish Set



INTERVAL

Please support our charity raffle



MAJOR IAN STEWART (J8x32) 3C (4C set) www.youtube.com/watch?v=6yYDLI4hPEw&t=5 John Drewry RSCDS Book 35
 1- 8 1s+2s ½ turn partners RH & dance RH across ½ way, 2s+1s full turn partner RH ending with 2s at top & 1s in 2nd place
 9-16 2s+1s+3s dance reels of 3 on own sides (1L dances in & up **as** 1M dances in & down to start) & 1s end facing 1st corners
 17-24 1s set to 1st corners then to each other across the dance, set to 2nd corners & Petronella turn to 2nd place own sides
 25-32 2s+1s+3s circle 6H round to the left for 6 steps, pivot & chase back to places

KINFAUNS CASTLE (S5x32) 5C set www.youtube.com/watch?v=Ri04gek-VJs&t=6 Derek Haynes Carnforth Collection 4
 or the following video clip (different dance) may show the 2 diagonal reels more clearly www.youtube.com/watch?v=Kt2jhxXrryo&t=9
 1- 8 2s & 4s dance full diagonal RSh reels of 4 with 1st corners (passing partner LSh to start)
 9-16 2s & 4s dance full reel of 4 with 2nd corners (dancing LSh round partner to face 2nd corners)
 17-24 2s & 4s dance Figs of 8 on sides dancing in front of dancer on left (Ladies down & Men up) & meet ready for a Poussette
 25-32 1s+2s **also** 3s+4s dance ½ Diamond Poussette, 1s+4s **also** 3s+5s dance ½ Diamond Poussette to end 2 4 1 5 3

SPRING FLING REEL, THE (R8x40) 3C (4C set) www.youtube.com/watch?v=BXm0Hp_8-yM&t=21 Samantha Burton RSCDS Book 50
 1- 8 1s turn RH, cast (2s step up bars 3-4), cross RH, cast to Right to 1L between 2s facing down, 1M between 3s facing up
 9-16 1L+2s & 1M+3s Adv+Ret, circle 6H ½ round to Left
 17-24 1M+3s & 1L+2s Adv+Ret, 1s turn RH 1¼ times to face 1st corners
 25-32 1s dance ½ diag reel of 4 with 1st corners, pass RSh, ½ diag reel of 4 with 2nd corners.
 1s end in middle 1M below 1L facing own sides
 33-40 1L+2s & 1M+3s dance LH across. 1s end 2nd place opp sides. 2s+3s turn LH **while** 1s turn RH 1½ times to own side. 2 1 3
 4

DANCING MASTER, THE (J96) Sq.Set www.youtube.com/watch?v=YekGMBP1LHk&t=1m35s John Drewry Donside Book
 1- 8 1s & 3s set & pivot to right & dance round ¼ clockwise inside set (L follows M) & face in,
 1s+3s change places with other partner RH & dance clockwise back to partners place (M follows L)
 9-16 1s & 3s dance RH across with corner 2L/4L, 1s & 3s dance across & LH across with other corner 4M/2M
 to end in pl facing clockwise (M behind L)
 17-24 1s **also** 3s dance Tandem reels of 3 with corners, 1s & 3s ending in prom hold facing out
 25-32 1s & 3s dance clockwise ½ way round outside of set & dance in back to original places (pass RSh)
while 2s & 4s (prom hold) Adv+Ret
 33-64 2s & 4s repeat above Figs from beginning (bars 1-32)
 65-72 All set to partners & change place RH, Ladies dance ¾ RH across **while** Men cast 1 place clockwise to meet opposite Lady
 73-80 All repeat this Fig (bars 65-72) to end with own partners (opposite to where they started)
 81-88 All dance ½ Schiehallion Reel (2 places) back to original places
 89-96 All circle 8H round & back

SWAN AND THE TAY, THE (S3x32) 3C set <https://youtu.be/AMVhkIL1Co?t=323> Audrey Saunders SCD for Perth 800
 1- 8 1s dance Figs 8 own sides dancing in & down to start (giving hands where possible)
 9-16 1s dance reels of 3 on opp sides (joining hands where possible) & 1s end facing 1st corners as 2s end in 1st place
 17-24 1s dance Pass+Turn with 1st corners, pass right shoulder at bar 20 to face 2nd corners
 1s dance corners Pass+Turn with 2nd corners. pass RSh on bar 24 to end 2nd place own sides
 25-32 All set & cross RH, all chase clockwise ½ way to own sides

NEIL M GRANT (J8x32) 4C setwww.youtube.com/watch?v=kbTj5bdb9oq&t=22

Christine Grant RSCDS Book 49

- 1- 8 1s cross RH, cast (2s step up). 1s dance ½ Figs 8 (1M round 2s, 1L round 3s)
& join LH giving RH to 1st corners
- 9-16 2s+1s+3s dance The Spoke:-
1s Bal-in-Line with 1st corners, then 2nd, 3rd & 4th corners.
1s finish facing 1st corners
- 17-24 1s dance ½ diagonal reel of 4 with 1st corners, pass RSh, dance ½ diagonal reel of 4 with 2nd corners
to finish in 2nd place, opp sides facing clockwise
- 25-32 3s+1s+2s dance clockwise ½ way round. 1M+3s & 1L+2s dance RH across

MRS STUART LINNELL (R8x40) 3C (4C set)www.youtube.com/watch?v=y9IB6OOIQwU&t=9

John Bayley, Imperial Book of SCDs Vol 3

- 1- 8 1s set & cast 1 place, 2s+1s+3s set & 1s set adv & turn right about to face out to own sides
while 2L & 3M petronella right into middle to diamond formation (2L in centre at top, 3M in centre at bottom)
while 2M & 3L cast into 2nd places to 1M facing 2M & 1L facing 3L in a line across
- 9-16 1s+2M+3L ½ reel of 4 across,
1s ¾ turn LH to Lady facing up & Man down (M face M, L face L), 1s change pl RH with facing persons (2L & 3M)
- 17-24 2L+3M+1s ½ reel of 4,
2L+3M ¾ turn LH to M face Ladies side (M facing M) & Lady face M side in line across & change place RH with facing prsns
- 25-32 2M+3L dance ½ reel of 4 across with 3M+2L to end Man facing Men's side (M facing M), all set & 2s+3s ¾ turn RH onto
sides **while** 1s set & turn right about to form a circle with 1s+2s+3s all facing clockwise
- 33-40 All chase clockwise (8 bars) after 4 bars 1s turn RH in centre to end on own sides 2 1 3

DREAM CATCHER, THE (S96) Sq.Setwww.youtube.com/watch?v=WWW1YahN8BQ&t=3m21s

Eileen Orr RSCDS Book 45

- 1- 8 All circle 8H round & back
- 9-16 1s+3s dance the Swirl: - [\[Swirl description\]](#)
Turn partner RH into Allemande hold & dance LSh round other couple ½ way,
dance LH across ¾ way & swirl to face side couples (BtoB with ptrnr & Lady facing Man)
- 17-24 All dance reels of 4 across
- 25-32 All set & dancing couples dance out between side couples, cross & cast to change places RH with partner back into places
- 33-40 All set & advance with partners, retire diagonally with corners & set
- 41-48 1L+4M dance R&L with 3L+2M (on diagonal)
- 49-56 1M+2L dance R&L with 3M+4L (other diagonal)
- 57-64 All set with corners, Adv+Ret with partners & set
- 65-88 2s & 4s repeat bars 9-32
- 89-96 All circle 8H round & back

JAMES GRAY (J4x32) 4C set **3s & 4s on opp sides** www.youtube.com/watch?v=-du4h1uBnHM#t=7s Ronella Burrows RSCDS Book 42

- 1- 8 1s & 4s cross RH, cast 1 place, 1s dance ½ Fig of 8 round 2s **while** 4s dance ½ Fig of 8 round 3s
- 9-16 1s+4s dance R&L & end 1s facing up & 4s down
- 17-24 All dance RSh reel of 4 on sides & end 1s+4s in line across (Men in centre RSh to RSh & 1M LSh to 4L & 4M LSh to 1L)
- 25-32 1M+4M ¾ turn RH **while** Ladies dance anticlockwise ¼ way round,
Men ½ turn other partner LH to bring Ladies into centre
1L+4L ¾ turn RH **while** Men dance anticlockwise ¼ way round,
Ladies ¾ turn Men LH to end 1s in 3rd place opp sides & 4s in 2nd place

GLASTONBURY TOR (R8x32) 3C (4C set)www.youtube.com/watch?v=r7k0sHLLq0o&t=13

Duncan Brown RSCDS Book 47

- 1- 8 1s+2s set & dance RH across ½ way, 1s+3s set & dance LH across ½ way
- 9-16 1s set & cross RH, 1s cast up 1 place & turn LH turn to face 1st corners
- 17-24 1s dance ½ reel of 4 with 1st corners & pass left to face 2nd crnrs, 1s dance ½ reel of 4 with 2nd corners & curve right
to end 1M between 3s & 1L between 2s
- 25-32 1M+3s also 1L +2s Set+Link for 3 once, 1s turn RH 1½ times to 2nd place as 2s & 3s dance clockwise ½ way to places 2 1 3

www.mstc-lothian.org.uk

In aid of
Multiple Sclerosis Therapy Centre Lothian
Reg. No. SC014991

MS Therapy Centre Lothian provides support for people living with Multiple Sclerosis (MS) across the Lothians, borders and south Fife, offering a co-ordinated, holistic and person-centred approach, assisting people living with MS to manage and make informed decisions about their lives.