



# West MACS Charity Ball



Saturday 1<sup>st</sup> April 2017, 7.30pm - 11.30pm  
Allum Hall, 2 Allum Lane, Elstree WD6 3PJ  
dancing to Ian Muir and the Craigellachie Band

in aid of *Venture Trust*

*Venture Trust supports disadvantaged young people with community and wilderness-based personal development programmes*

- HOOPER'S JIG** (J8x32) 3C (4C set) [www.youtube.com/watch?v=ej7OMKKBMDU](http://www.youtube.com/watch?v=ej7OMKKBMDU) *Miss Milligan's Miscellany vol 2*  
1- 8 All clap & 1s cross passing RSh, cast to 2<sup>nd</sup> place & dance RH across with 3s  
9-16 All clap & 1s cross passing RSh, cast to 1<sup>st</sup> place & dance LH across with 2s  
17-24 1M+3L change places RH, 1L+3M change places RH (**as** 1M+3L loop round), 1M+3L change places RH (**as** 1L+3M loop round),  
1L+3M cross LH 1L ending in 2<sup>nd</sup> place (**as** 1M casts to 2<sup>nd</sup> pl)  
25-32 2s+1s dance R&L
- SHIFITN' BOBBINS** (R8x32) 3C (4C set) [www.youtube.com/watch?v=5sQyMCIZNjU](http://www.youtube.com/watch?v=5sQyMCIZNjU) *Roy Clowes Ormskirk Scottish Dances Book 6*  
1- 8 1s cross RH to double triangle position with 2s+3s & set, 1s cast up to top & dance down until they are between 2s & 3s  
9-16 1L dances RH across with 2M+3M **while** 1M dances LH across with 2L+3L, 1s followed by 2s+3s dance down centre  
17-24 3s followed by 2s+1s dance up & 3s+2s cast to places, 1L dances LH across with 2M+3M **while** 1M dances RH across with 2L+3L  
25-32 1s dance up to top & cast down to 2<sup>nd</sup> place opposite side, 1s dance ½ Fig of 8 around 2s to end in 2<sup>nd</sup> place on own sides
- KILKENNY CASTLE** (S8x32) 3C (4C set) <https://my.strathspey.org/dd/dance/3463/> *Bill Forbes Craigievar Book 2*  
1- 8 1s+2s set, 1s cross RH & cast 1 place, 1s dance in to meet partner & face down, 1s turn 3s with nearer hand to face up  
9-16 1s dance reflection reels of 3 on sides (1s dancing in & up between 2s to start)  
17-24 1s petronella turn to middle **as** 2L+3L & 2M+3M change pl RH, set in lines across,  
1s petronella turn to sides **as** 2s+3s cross RH & set on sides  
25-32 1s dance Diag R&L (1M crossing down & 1L crossing up)
- JOHN CASS** (J5x32) 5C set [www.youtube.com/watch?v=qTx9U8juAqc&t=20](http://www.youtube.com/watch?v=qTx9U8juAqc&t=20) *Peter Avery RSCDS Book 49*  
1- 8 1s lead down (2s+3s step up 3-4), lead up to 3<sup>rd</sup> place and turn RH to face 3M with 1L following 1M  
9-16 1s, 3M+2M, 4L+5L all in tandem, dance alternating tandem reel on diagonal (1s pass 3M+2M Right Shoulder).  
1s end facing 4M, 1L following 1M  
17-24 1s, 4M+5M, 2L+3L all in tandem, repeat 9-16 (1s pass 4M+5M Left Shoulder)  
1s end in middle, 3<sup>rd</sup> place facing down nearer hands joined (1L on Left of 1M)  
25-32 1s dance down between 4s, cast behind 5s (4s+5s step up 27-28), 1s pivot turn (R elbow grip) and finish in 5<sup>th</sup> place. 23451
- PIPER & THE PENGUIN, THE** (R88) Sq.Set *Roy Goldring Scotia Suite*  
1- 8 Ladies dance RSh round their corners, dance RH across ending in centre  
9-16 Ladies dance LSh round their partners, dance LH across & back to places  
17-24 Men dance RSh round their partners, dance RH across ending in centre  
25-32 Men dance LSh round corners, dance LH across & back to places  
33-40 1s & 3s turn partners RH ¼ times, Men followed by partners dance out btwn side couples & back to places (1M thru 4s & 3M thru 2s)  
41-48 1s+3s dance R&L  
49-64 2s+4s repeat bars 33-48  
65-72 Ladies dance in turning right about to dance out, cast clockwise to opposite Lady's place  
73-80 Men dance in turning left about to dance out, cast anticlockwise to opposite places  
81-88 All turn partners RH ¼ times into prom hold, Promenade anticlockwise ½ way round to original places
- DUNDEE WHALER, THE** (S4x32) 4C set [www.youtube.com/watch?v=ffzK8aJouc0](http://www.youtube.com/watch?v=ffzK8aJouc0) *Roy Clowes Ormskirk SDs 1*  
1- 8 2s & 4s dance Petronella to opposite sides  
9-16 1s+2s & 3s+4s dance Ladies Chain  
17-24 1s & 3s dance Petronella to opposite sides  
25-32 1L+2M change places LH, 1M+2L **also** 1L+3L change places RH, 1M+3M **also** 1L+4M change places LH & 1M+4L change RH
- BEST SET IN THE HALL** (J8x32) 3C (4C Set) <https://youtu.be/ihAH89U9nss> *Helen Greenwood RSCDS Book 46*  
1- 8 1s set & 1L followed by partner casts below 3s,  
1L crosses & casts up to face her 1<sup>st</sup> corner **while** 1M dances up the middle to face 1<sup>st</sup> corner  
9-12 1s set to 1<sup>st</sup> corners & dance RSh round each other into 3<sup>rd</sup> corner (pstn)  
**while** 1<sup>st</sup> corners dance in & turn right about to face their original position  
13-16 1s+1<sup>st</sup> crnr person set & 1<sup>st</sup> crnr persons dance RSh round each other into diag opp crnrs  
**while** 1s dance in & pivot to right to face 2<sup>nd</sup> crnrs  
17-24 1s repeat bars 9-16 with 2<sup>nd</sup> corners & end passing RSh to 2<sup>nd</sup> place opposite sides. (3)(1)(2)  
25-32 2s+1s+3s chase clockwise ½ way & turn partners RH

**SPRING FLING REEL, THE** (R8x40) 3C (4C set) [www.youtube.com/watch?v=BXm0Hp\\_8-yM&t=21](http://www.youtube.com/watch?v=BXm0Hp_8-yM&t=21) *Samantha Burton RSCDS Book 50*  
 1- 8 1s turn RH, cast (2s step up bars 3-4), cross RH, cast to Right to 1L between 2s facing down, 1M between 3s facing up  
 9-16 1L+2s & 1M+3s Adv+Ret, circle 6H ½ round to Left  
 17-24 1M+3s & 1L+2s Adv+Ret, 1s turn RH 1¼ times to face 1<sup>st</sup> corners  
 25-32 1s dance ½ diag reel of 4 with 1<sup>st</sup> corners, pass RSh, ½ diag reel of 4 with 2<sup>nd</sup> corners.  
 1s end in middle 1M below 1L facing own sides  
 33-40 1L+2s & 1M+3s dance LH across. 1s end 2<sup>nd</sup> place opp sides. 2s+3s turn LH **while** 1s turn RH 1½ times to own side. 2 1 3 4

**SCOTCH MIST** (S5x32) 5C set [www.youtube.com/watch?v=ioOutNOquW8](http://www.youtube.com/watch?v=ioOutNOquW8) *John Drewry, Summer Collection, set 9*  
 1- 4 1s & 3s cross RH & cast down 1 place, dance into centre Men facing up, Ladies down  
 5- 8 1<sup>st</sup> Man with 2s, 1<sup>st</sup> Lady & 3<sup>rd</sup> Man with 4s, 3<sup>rd</sup> Lady with 5s, all circle left & 1s & 3s end facing 2<sup>nd</sup> corners  
 9-12 Dance Pass+Turn with 2<sup>nd</sup> corners, 1s & 3s turn partners RH to face 1<sup>st</sup> corners  
 13-16 Dance Pass+Turn with 1<sup>st</sup> corners, 1s & 3s turn partners RH to end in centre Ladies facing up & Men down  
 17-24 1s+3s dance reel of 4 in up/down middle, (1s end in 2<sup>nd</sup> place, 3s in 4<sup>th</sup> place both on opposite sides)  
 25-28 1L with 2s, 1M & 3L with 4s, 3M with 5s, all dance RH across once round, 1s & 3s ending where they began the reel  
 29-32 1s & 3s ¾ turn partners RH & cast down on own sides to 3<sup>rd</sup> & 5<sup>th</sup> places

**FATHER CONNELLY'S JIG** (J4x64) 4C set [www.youtube.com/watch?v=OuiJAfvZNug](http://www.youtube.com/watch?v=OuiJAfvZNug) *John Drewry Donside Book*  
 1- 8 1s+2s Set+Rotate : -  
 ` Set, rotate singly & dance on 1 place clockwise, change places RH on sides & dance on 1 place to own sides (1s in 2<sup>nd</sup> pl)  
 9-16 1s dance ½ diag R&L with 1<sup>st</sup> corners **while** 2<sup>nd</sup> corners set & change places diagonally RH, 1s dance ½ reels of 3 on opp sides  
 17-24 1s dance ½ diag R&L with 3<sup>rd</sup> corner (pstrn) **while** 2<sup>nd</sup> crnrs (pstrn) set & change places diag, 1s dance ½ reels of 3 on own sides  
 25-32 1s dance reels of 3 across Lady with 2s & Man with 3s  
 33-40 1s cross down between 3s, 1L casts up round 3M & 1M casts down round 4L, 1s change pl LH in centre & cast to 3<sup>rd</sup> pl own sides  
 41-56 3s+1s+4s (bottom 3 couples) repeat bars 9-24  
 57-64 All (or bottom 3 couples only) circle 8(6)H round & back



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**REEL OF THE ROYAL SCOTS** (R8x32) 3C (4C set) [www.youtube.com/watch?v=1gpmxe7PwRM](http://www.youtube.com/watch?v=1gpmxe7PwRM) *Roy Goldring SCD Leaflet 7*  
 1- 8 1s ½ turn 2s on sides (1M RH - 1L LH) to face out, 2s+1s+3s set,  
 1s ½ turn 3s on sides (1M LH - 1L RH) end 3s facing out & 2s+3s+1s set  
 9-16 1s followed by 3s dance up between 2s, cast down 1 place,  
 dance in & 1s cast up to 2<sup>nd</sup> place 3s end in 3<sup>rd</sup> place  
 17-24 1s turn 1<sup>st</sup> corners RH, pass partner RSh  
 turn 2<sup>nd</sup> corners RH & cross passing partner RSh to 2<sup>nd</sup> place own sides  
 25-32 2s+1s+3s circle 6H round & back

**DREAM CATCHER, THE** (S96) Sq.Set [www.youtube.com/watch?v=WWW1YaHN8BQ&t=3m21s](http://www.youtube.com/watch?v=WWW1YaHN8BQ&t=3m21s) *Eileen Orr RSCDS Book 45*  
 1- 8 All circle 8H round & back  
 9-16 1s+3s dance the Swirl: -  
 Turn partner RH into Allemande hold & dance LSh round other couple ½ way,  
 dance LH across ¾ way & swirl to face side couples (BtoB with ptrnr & Lady facing Man)  
 17-24 All dance reels of 4 across  
 25-32 All set & dancing couples dance out between side couples, cross & cast to change places RH with partner back into places  
 33-40 All set & advance with partners, retire diagonally with corners & set  
 41-48 1L+4M dance R&L with 3L+2M (on diagonal)  
 49-56 1M+2L dance R&L with 3M+4L (other diagonal)  
 57-64 All set with corners, Adv+Ret with partners & set  
 65-88 2s & 4s repeat bars 9-32  
 89-96 All circle 8H round & back

**RECUMBENT STONE, THE** (R5x48) 5C set [www.youtube.com/watch?v=wAGh9EeVnU0](http://www.youtube.com/watch?v=wAGh9EeVnU0) *John Drewry Greenburn Book 3*  
 1- 8 2s+3s+4s circle 6H round & back **while** 1s & 5s wait for 4 bars then turn RH for 4 bars  
 9-16 1s & 3s dance Fig of 8 round couples below them  
 17-24 1s & 3s dancing betw'n cple below turn them with nearer hand 1½ times, cast down behind next cple & lead up to face 1<sup>st</sup> crnrs  
 25-32 1s & 3s dance ½ diag reel of 4 with 1<sup>st</sup> crnrs, pass RSh & ½ diag reel of 4 with 2<sup>nd</sup> crnrs to end passing RSh to face 3<sup>rd</sup> crnrs  
 33-40 1s & 3s dance ½ diag reel with 3<sup>rd</sup> crnrs & pass RSh to face each other up/down in centre (Ladies face down & Men up)  
 & ½ reel of 4 in centre  
 41-48 3s & 1s turn RH 1¼ times to 2<sup>nd</sup>/4<sup>th</sup> places (opp side) & dance ½ Figs of 8 across round couples on their left (**Lady up, Man down**)  
 to end 5 3 4 1 2

**NAPIER'S INDEX** (J8x40) 3C (4C Set) [www.youtube.com/watch?v=fx3Hh7yIqMU&t=1m38s](http://www.youtube.com/watch?v=fx3Hh7yIqMU&t=1m38s) *Brian Charlton, RSCDS Book 45*

- 1- 8 1s set & cast 1 place, turn LH 1¼ times to end in Balance-in-Line position between 1<sup>st</sup> corners
- 9-16 1s+1<sup>st</sup> corners Balance-in-Line & turn corners RH to Balance-in-Line again with 1<sup>st</sup> corners
- 17-24 1s dance reel of 3 on sides (LSh to 2<sup>nd</sup> corner) & end diagonally between 2<sup>nd</sup> corners
- 25-32 1s+2<sup>nd</sup> corners Balance-in-Line & turn corners RH, Balance-in-Line again with 2<sup>nd</sup> corners
- 33-40 1s dance reels of 3 across (LSh to 3<sup>rd</sup> corners) & cross RH to 2<sup>nd</sup> places

**PLANTATION REEL, THE** (R5x32) 5C set <http://my.strathspey.org/dd/dancevideo/1720/> *Tony Moretti Pinewoods Collection 2*

- 1- 8 1s & 3s cross RH & cast down 1 place, lead down between the couple below & cast back to 2<sup>nd</sup>/4<sup>th</sup> place (opposite sides)
- 9-16 2s+1s & 4s+3s dance ½ R&L, & Petronella turn 2 places anticlockwise round square (end in same places as at bar 8)
- 17-24 All dance RH across (1M with 2s, 1L+3M with 4s, 3L with 5s) & 1s & 3s change places with partners to dance LH across
- 25-32 1s & 3s cross RH cast down 1 place & all turn RH

**CULLA BAY** (S4x32) Sq.Set [www.youtube.com/watch?v=TAKAsutGMAw&t=7](http://www.youtube.com/watch?v=TAKAsutGMAw&t=7) or incl interview with Ann Dix <http://my.strathspey.org/dd/dancevideo/1088/> *Ann Dix, RSCDS Bk 41*

- 1- 4 1s & 3s advance & ½ turn opposite partner RH, twirl & dance out to opposite side
- 5- 8 1s & 3s chase ¼ round set clockwise & dance in passing 2s/4s RSh curving in to face 2s/4s  
**as** 2s & 4s repeat bars 1-4 & turn right about to face 1s/3s
- 9-16 All dance parallel reels of 4 across set
- 17-24 2s+1s **also** 4s+3s circle 4H once round to left, set & dance RH across ½ way
- 25-32 2s+4s in centre, dance LH across once round,  
2s & 4s dance out through sides passing opp partner RSh & chase round set clockwise to next place

**SCOTT MEIKLE** (R4x32) 4C set <http://my.strathspey.org/dd/dancevideo/124/> *Alice McLean Laurieston Collection vol 1*

- 1- 8 1s cross RH & cast to 2<sup>nd</sup> place, 1s dance ½ Fig of 8 round 2s
- 9-16 1s+3s dance RH across, LH back
- 17-24 1L followed by 3L dance Tandem reel of 3 across with 2s (1L ends 3<sup>rd</sup> pl) **while** 3M followed by 1M reel of 3 with 4s (3M to 2<sup>nd</sup> pl)
- 25-32 1s+4s dance ½ R&L, turn partners RH 1½ times

**NEIDPATH CASTLE** (S3x32) 3C set [www.youtube.com/watch?v=Fkn\\_3sfG1YU&t=7](http://www.youtube.com/watch?v=Fkn_3sfG1YU&t=7) *Derek Haynes RSCDS Book 22*

- 1- 8 All set & turn partners 2H twice & set again
- 9-16 All dance Grand Chain
- 17-24 1s dance down between 2s, cast behind 3s, dance up betw'n 3s, cast up behind 2s. 1s+2s end ready for a ½ Diamond Poussette
- 25-32 1s+2s dance ½ Diamond Poussette, 1s+3s dance ½ Diamond Poussette 1s ending in 3<sup>rd</sup> place

**JAMES GRAY** (J4x32) 4C set **3s & 4s on opp sides** [www.youtube.com/watch?v=-du4h1uBnHM#t=7s](http://www.youtube.com/watch?v=-du4h1uBnHM#t=7s) *Ronella Burrows RSCDS Book 42*

- 1- 8 1s & 4s cross RH, cast 1 place, 1s dance ½ Fig of 8 round 2s **while** 4s dance ½ Fig of 8 round 3s
- 9-16 1s+4s dance R&L & end 1s facing up & 4s down
- 17-24 All dance RSh reel of 4 on sides & end 1s+4s in line across (Men in centre RSh to RSh & 1M LSh to 4L & 4M LSh to 1L)
- 25-32 1M+4M ¾ turn RH **while** Ladies dance anticlockwise ¼ way round,  
Men ½ turn other partner LH to bring Ladies into centre  
1L+4L ¾ turn RH **while** Men dance anticlockwise ¼ way round,  
Ladies ¾ turn Men LH to end 1s in 3<sup>rd</sup> place opp sides & 4s in 2<sup>nd</sup> place

**IRISH ROVER, THE** (R8x32) 3C (4C set) [www.youtube.com/watch?v=c3F4LMzhG20](http://www.youtube.com/watch?v=c3F4LMzhG20) *James Cosh 22 SCDs*

- 1- 4 1s dance down below 3s & cast up to 2<sup>nd</sup> place own sides
- 5- 8 1L dances RH across with 2s **while** 1M dances RH across with 3s
- 9-16 1s dance ½ diagonal reel of 4 with 1<sup>st</sup> corners, ½ reel with 2<sup>nd</sup> corners & ½ turn LH in centre to face 1<sup>st</sup> corners
- 17-24 1s dance reels of 3 across giving LSh to 1<sup>st</sup> corners ending in 2<sup>nd</sup> place own sides
- 25-32 1s dance Diag R&L (1M crossing down & 1L crossing up to start)

[www.venturetrust.org.uk](http://www.venturetrust.org.uk)

Venture Trusts deliver intensive needs-led personal development in communities and the Scottish wilderness, supporting our participants to gain life skills, stability and confidence to succeed for the rest of their lives.

We believe that everyone, whatever their circumstances, can be supported to make and sustain positive changes in their lives.