

Harrow and District Caledonian Society Dance Class – Wednesday 13th March 2019

**We suggest that dancers follow their own warm-up routine before joining in the dancing.
Information sheets outlining warm-up guidance are available at the class or on the website**

Our classes comprise a range of difficulty of dances from more straightforward to more complex/challenging.

Dances in darker font are less complex and suitable for all class members – please ensure all our newer members can participate

(Any dances shown in fainter type are more challenging dances for the more experienced class members)

More experienced dancers should ensure that less experienced dancers get a chance to dance during the dances printed in darker font

£2.50 members £3.00 visitors (reduction for juniors) Season ticket January to May £40

We have introduced a request to provide your own drinking cup for the interval to end our use of plastic disposables

Spring dance 6/4 Watford Ball 16/3

MISS JOHNSTONE OF ARROSSAN (R5x32) 5C set www.youtube.com/watch?v=S_6xmqAc9RE&t=10m16s Roy Goldring 14 Social Dances

- 1- 8 1s set & cast 1 place, 1s followed by 3s dance up & cast - 1s to 3rd place & 3s to 2nd place
9-16 1s cross down & dance reflection reels of 3 with 4s+5s on opposite sides - 1s end in 3rd place opposite sides
17-24 1s cross up & dance reflection reels of 3 on own sides with 2s+3s - 1s ending in 3rd place own sides
25-32 1s set & cast down 1 place, 1s followed by 5s dance up between 4s & cast - 1s to 5th place & 5s to 4th place

Watford Ball 16/3

"DEER" FRIENDS (S8x32) 3C (4C set) www.youtube.com/watch?v=zdUzqkvTAaA Bob Anderson St Martin Collection

- 1- 8 1s cross down RH, cast behind 3s,
cross RH, cast up 1 place, turn $\frac{3}{4}$ LH to join RH with 3rd corners in a diagonal line
9-12 Balance in Line figure:
9 All set 1 step Right, change hands so that 1s and 3rd corners take LH
10 1s and 3rd corners $\frac{1}{2}$ turn LH, retain LH and 1s join RH in middle of line
11 All set 1 step R, 1s join LH & drop hands with corners
12 1s $\frac{1}{2}$ turn LH to face 3rd corners while corners set 1 step Left turning to face diagonally in
13-16 1s dance $\frac{1}{2}$ diagonal reel of 4 with 3rd corners, finish facing 4th corners
17-24 Repeat bars 9-16 with 4th corners, 1s crossing LH to finish in 2nd place opp sides End (3)(1)(2)
25-32 Set and link for 3 couples twice to finish 213 on own sides

Watford ball 16/3 West MACS 27/4

FATHER CONNELLY'S JIG (J4x64) 4C set www.youtube.com/watch?v=OuiJAFvZNUg John Drewry Donside Book

- 1- 8 1s+2s Set+Rotate : -
Set, rotate singly & dance on 1 place clockwise, change places RH on sides & dance on 1 place to own sides (1s in 2nd pl)
9-16 1s dance $\frac{1}{2}$ diag R&L with 1st corners **while** 2nd corners set & change places diagonally RH, 1s dance $\frac{1}{2}$ reels of 3 on opp sides
17-24 1s dance $\frac{1}{2}$ diag R&L with 3rd corner (pstn) **while** 2nd crnrs (pstn) set & change places diag, 1s dance $\frac{1}{2}$ reels of 3 on own sides
25-32 1s dance reels of 3 across Lady with 2s & Man with 3s
33-40 1s cross down between 3s, 1L casts up round 3M & 1M casts down round 4L, 1s change pl LH in centre & cast to 3rd pl own sides
41-56 3s+1s+4s (bottom 3 couples) repeat bars 9-24
57-64 All (or bottom 3 couples only) circle 8(6)H round & back

Watford ball 16/3

H.I.S.C.D. (R8x32) 3C (4C set) www.youtube.com/watch?v=GcRLKUJGO Lisbeth & Douglas Henderson Scottish Dance Archives

- 1-8 1s turn RH (moving down) to end BtoB Lady facing up (2s step up), 2s+1s+3s set (Double Triangle formation),
1L+2L also 1M+3M turn RH & 1s pass RSh
to end facing 1st corners
9-16 1s dance 'Hello-Goodbye' setting
ending by set advancing to partner
17-24 1s turn RH to end BtoB Man facing up,
2s+1s+3s set (Double Triangle),
1M+2L also 1L+3M turn RH & 1s pass RSh to 2nd place own sides
25-32 2s+1s+3s circle 6H round & back

I N T E R V A L

spring dance 6/4

BLACK BEAR, THE (R8x32) 3C (4C set) Ian Galbraith Berkhamsted S&Reel Club Golden Jubilee

- 1- 8 1s+2s set & dance RH across $\frac{1}{2}$ way, set again then 2s turn LH to sides **while** 1s turn LH to face 1st corners
9-16 1s set to 1st corner & set to partner, set to 2nd corner & set to partner ending facing 3rd corner
17-24 1s dance $\frac{1}{2}$ Diag reel with 3rd corners, pass RSh to dance $\frac{1}{2}$ Diag reel with 4th corners ending 2nd place own sides
25-32 1s dance Diag R&L (M down)

Spring dance 6/4

DARK LOCHNAGAR (S8x32) 2C (4C set) www.youtube.com/watch?v=-334AUKJWs&t=5s Roy Goldring SCD Leaflet 7

- 1-8 1s+2s Set+Link, Set+Link back to places
9-16 1s+2s dance reel of 4 across, 1M passes 2L LSh to start,
end with 1L+2M passing RSh to flow into ...
17-24 1s+2s dance a Little Spiral (dancers advance, turn right about, dance out to places & dance in passing partner RSh) to change pl
1s+2s dance »Big Spiral« (dancers advance diagonally, turn right about to places & chase clockwise $\frac{1}{2}$ way) to progress
25-32 2s+1s dance R&L

Watford Ball 16/3 WMACS 27/4

FLORA'S FANCY (J8x32) 3C (4C set) www.youtube.com/watch?v=BjIwJc83FA&t=20 RSCDS Tucson & 7 Pipers Scottish Soc RSCDS Book 49

- 1- 8 1s set, cast (2s step up). 1L+2s also 1M+3s dance RH across. 1s finish in middle facing up, 1M following 1L
9-16 1s (in tandem) +2s dance reel of 3 across (1s pass 2L RSh). 1s end in 2nd place own sides
17-24 1s set, turn $\frac{3}{4}$ RH to face own sides. 1L+2s also 1M+3s dance LH across. 1s finish in middle facing down, 1L following 1M
25-32 1s (in tandem) +3s dance reel of 3 across (1s pass 3M RSh). 1s end in 2nd place own sides

Spring dance 6/4 West MACS 27/4

STAIRCASE IN STYRIA (R5x40) 5C set www.youtube.com/watch?v=bzS8pTX6h9g Margaret Gray The Sunday Class Book 2

- 1- 8 1s+2M **also** 3s+4M dance RH across, 1s+2L **also** 3s+4L dance LH across
9-16 1s+4M **also** 3s+5M dance RH across, 1s+4L **also** 3s+5L dance LH across
& 1L **also** 3L end facing out Ladies side with partners behind them
17-24 1s & 3s dance out Ladies' side & cast up 1 place, cross to Mens side & cast up to original place Ladies looping round by the right
25-32 1s cross & cast 1 place, 1s followed by 3s dance up & cast (1s to 3rd place, 3s to 2nd place)
33-40 1s cross & cast 1 place, 1s followed by 5s dance up & cast (1s to 5th place, 5s to 4th place). 2 3 4 5 1
NB – No stepping up or down until bar 27, when 1s cross & cast and 2s step up