

Harrow and District Caledonian Society Dance Class – Wednesday 7th November 2018

**We suggest that dancers follow their own warm-up routine before joining in the dancing.
Information sheets outlining warm-up guidance are available at the class or on the website**

**Our classes comprise a range of difficulty of dances from more straightforward to more complex/challenging.
Dances in darker font are less complex and suitable for all class members – please ensure all our newer members can participate
(Any dances shown in fainter type are more challenging dances for the more experienced class members)**

More experienced dancers should ensure that less experienced dancers get a chance to dance during the dances printed in darker font

£2.50 members £3.00 visitors (reduction for juniors)

We have introduced a request to provide your own drinking cup for the interval to end our use of plastic disposables

Warm-up

DOMINO FIVE (R5x32) 5 person Sq.Set with 5th person in centre www.youtube.com/watch?v=1BDnqExpEH8&t=16 Derek Haynes Carnforth Coll 4
1- 8 5+1+2 dance RH across, 5+3+4 dance LH across
9-16 5+1+3 dance RSh reel of 3 (5 & 1 pass RSh to start)
17-24 5+4+2 dance LSh reel of 3 (5 & 4 pass LSh to start)
25-32 5 changes place with 1 (pass RSh), 1 change pl with 4, 4 change pl with 3, 3 change pl with 2
& 2 becomes new 5 (similar to Fisherman's Reel)

The class will then split differently this week:

Those adjourning to the smaller hall are those planning to attend Hayes Ball this Saturday, in order to learn some of the more difficult dances on their programme
In the main hall will be a mix of the regular main hall group and the beginners group, learning dances from our own programmes (Christmas/New Year)

Main Hall

LOCHALSH REEL, THE (R8x40) 3C (4C set) www.youtube.com/watch?v=fZIG88nw2qA Pat Burnett Skye Collection 2
1- 8 1s turn RH, cast 1 place, cross LH, cast 1 place to meet partner in prom hold facing 3M (Lady on Man's left)
9-16 1s dance LSh reel of 3 across with 3s
17-24 1s split to dance reels of 3 on opposite sides
25-32 1s dance (nearer hands joined) to top, turn 2s with other hand, cross down between 3s & cast up to 2nd place own sides
33-40 1s dance RH across (Lady with 2s & Man with 3s), pass RSh to dance LH across with other couple

MINISTER ON THE LOCH, THE (S3x32) 3C set <http://my.strathspey.org/dd/dancevideo/101/> Roy Goldring 24 Graded & Social Dances
1- 8 1s+2s dance All Round Poussette
9-16 1s dance down for 2 steps, turn 2H, dance up to top & turn 2H
17-24 1s+3s dance double Fig of 8 round 2s with 1s casting to start
25-32 1M+2M turn LH 1½ times **while** 1L+2L turn RH 1½ times, 1M+3M turn RH 1½ times **while** 1L+3L turn LH 1½ times

New Year Ball 4th Jan

SHIFITN' BOBBINS (R8x32) 3C (4C set) www.youtube.com/watch?v=5sQyMCIZNjU Roy Clowes Ormskirk Scottish Dances Book 6
1- 8 1s cross RH to double triangle position with 2s+3s & set, 1s cast up to top & dance down until they are between 2s & 3s
9-16 1L dances RH across with 2M+3M **while** 1M dances LH across with 2L+3L, 1s followed by 2s+3s dance down centre
17-24 3s followed by 2s+1s dance up & 3s+2s cast to places, 1L dances LH across with 2M+3M **while** 1M dances RH across with 2L+3L
25-32 1s dance up to top & cast down to 2nd place opposite side, 1s dance ½ Fig of 8 around 2s to end in 2nd place on own sides

Small Hall – practice for Hayes Ball 10/11

MIDNIGHT OIL (J5x48) 5C set www.youtube.com/watch?v=L8GpKXwy7Fw&t=15 John Drewry Bankhead Book 3
1- 8 1s & 3s lead down & ¾ turn RH to L facing down & M up,
retaining hold of RH set & L turns under ptrns Rt arm to dance up (Men follow ptrnr)
9-16 1s & 3s dance RH across with 2L/4L,
1s & 3s dance LH across with 4M/5M to end facing 1st corners (**as** Lothian Lads)
17-24 1s **also** 3s Pass+Turn with 1st corners,
pass partner RSh & Pass+Turn with 2nd corners & into centre facing partner (L facing down M up)
25-32 1s+3s dance reel of 4 up & down centre of dance
& end in centre holding partners nearer hand (1s face Ladies side & 3s face Men's side)
33-40 1s **also** 3s dance out sides & cast, dance in to meet ptrnr (1M & 3L pass LSh)
to dance out other side & cast back to middle (1M & 3L pass RSh & face each other)
41-48 1L **also** 3M set twice **while** 1M+3L turn RH,
1s & 3s turn partner LH & cast off 1 place on own sides

ST COLUMBA'S STRATHSPEY (S5x32) 5C set www.youtube.com/watch?v=kW5uzcc6io4 Vicky Sproule & Sadie L. Gillan
1- 8 2s+4s dance RH across, 2s dance up while 4s dance down, 2s & 4s casting round ends on own sides to face 1st corners
9-16 2s+4s Pass+Turn with 1st corners, pass partner LSh
& Pass+Turn with 2nd corners & into centre facing partner (L facing down M up)
17-24 2s+4s dance reel of 4 ending in original places on sides
25-32 2s & 4s set & cast down 1 place while 3s & 5s set & dance up 1 place, 1s & 2s turn RH & cast down 1 place. 3 1 5 2 4
1- 8 2s+4s dance RH across, 2s dance up while 4s dance down, 2s & 4s casting round ends on own sides to face 1st corners
9-16 2s+4s Pass+Turn with 1st corners, pass partner LSh
& Pass+Turn with 2nd corners & into centre facing partner (L facing down M up)
17-24 2s+4s dance reel of 4 ending in original places on sides
25-32 2s & 4s set & cast down 1 place while 3s & 5s set & dance up 1 place, 1s & 2s turn RH & cast down 1 place. 3 1 5 2 4

MY HEATHER HILLS (J3x48) 3C set **with 1M in 3rd pl & 3M in 1st pl** www.youtube.com/watch?v=E_YSkXgCQIk Derek Haynes Carnforth Coll 2
1- 8 1s turn RH 1½ times (2s step up/down to vacant corners) & dance RSh round 2nd corners to 2nd place opposite side
9-16 1s dance ½ diag R&L with Man going down & Lady up (polite turns)
17-24 1s repeat bars 9-16 & 1s end by turning in to face 1st corners
25-32 1s dance 'Hello Goodbye' setting & end facing 2nd corners
33-40 1s dance full diagonal reel of 4 with 2nd corners & end by passing LSh to face 2nd corners again
41-48 1s dance reel of 3 (on opp sides) giving RSh to 2nd corner,
1s cross to own side (M up to top & L down to bottom) **as** 3s cast into 2nd place (2L 3L 1L : 1M 3M 2M)

And if time permits in small hall

- MRS STUART LINNELL** (R8x40) 3C (4C set) www.youtube.com/watch?v=y9JB6OOIQwU&t=9 *John Bayley, Imperial Book of SCDs Vol 3*
- 1- 8 1s set & cast 1 place, 2s+1s+3s set & 1s set adv & turn right about to face out to own sides
while 2L & 3M petronella right into middle to diamond formation (2L in centre at top, 3M in centre at bottom)
while 2M & 3L cast into 2nd places to 1M facing 2M & 1L facing 3L in a line across
- 9-16 1s+2M+3L ½ reel of 4 across,
1s ¾ turn LH to Lady facing up & Man down (M face M, L face L), 1s change pl RH with facing persons (2L & 3M)
- 17-24 2L+3M+1s ½ reel of 4,
2L+3M ¾ turn LH to M face Ladies side (M facing M) & Lady face M side in line across & change place RH with facing prsns
- 25-32 2M+3L dance ½ reel of 4 across with 3M+2L to end Man facing Men's side (M facing M), all set & 2s+3s ¾ turn RH onto sides
while 1s set & turn right about to form a circle with 1s+2s+3s all facing clockwise
- 33-40 All chase clockwise (8 bars) after 4 bars 1s turn RH in centre to end on own sides 2 1 3

I N T E R V A L

Both groups now together

SE Herts 17/11 New Year Ball 4th Jan

- CHEQUERED COURT, THE** (J8x32) 3C (4C set) www.youtube.com/watch?v=FqQEZsW4MP8 *Duncan Brown RSCDS Book 42*
- 1- 8 1s cross RH, cast 1 place, 1s dance ½ Figs of 8 (Man round 2s & Lady round 3s) & end facing 1st corners
- 9-16 1s dance Pass+Turn with 1st corners & 1s twirl round in centre to face 4th crnrs,
1s dance Pass+Turn with 4th crnrs & twirl round to face own sides
- 17-24 1s dance 6 bars of Double Triangles & end with 1L between 2s facing 2L & 1M between 3s facing 3M
- 25-32 1s dance reel of 3 across giving RSh to 4th corners & 1s cross RH to own sides

New Year Ball 4th Jan

- AULD FRIENDS MEET** (S8x32) 3c (4C set) www.youtube.com/watch?v=OxnVRg48RWw&t=17 *Roy Goldring SCD in Diagrams*
- 1- 8 1s set, cast 1 place, set advancing to 1st corners & turn 2H
- 9-16 1s+1st corners circle 4H round to left, 1s set advancing to 2nd corners & turn 2H
- 17-24 1s+2nd corners circle 4H round to left, 1s set advancing towards each other & turn 2H to face up (on opposite sides)
- 25-32 2s+1s+3s dance reels of 3 on opposite sides (1s dancing in & up to start), 1s cross RH to 2nd place own sides

- NAPIER'S INDEX** (J8x40) 3C (4C Set) www.youtube.com/watch?v=fx3Hh7yIgmU&t=1m38s *Brian Charlton, RSCDS Book 45*
- 1- 8 1s set & cast 1 place, turn LH 1¼ times to end in Balance-in-Line position between 1st corners
- 9-16 1s+1st corners Balance-in-Line & turn corners RH to Balance-in-Line again with 1st corners
- 17-24 1s dance reel of 3 on sides (LSh to 2nd corner) & end diagonally between 2nd corners
- 25-32 1s+2nd corners Balance-in-Line & turn corners RH, Balance-in-Line again with 2nd corners
- 33-40 1s dance reels of 3 across (LSh to 3rd corners) & cross RH to 2nd places

- FALLS OF ROGIE, THE** (R8x32) 3C (4C set) www.youtube.com/watch?v=KKjNOhYswr4&t=9 *Jean Attwood Alexander Book 1*
- 1- 8 1s cross RH & cast 1 place, 1s cross RH & cast 1 place (Man up Lady down)
- 9-16 1s dance ½ reels of 3 across (1M with 2s & 1L with 3s), set in lines across & change places RH with opposite person
- 17-24 2s+1s+3s chase clockwise ½ way,
1s dance in & turn RH to face 1st corner positions **as** 2s & 3s continue to chase on to places (as bar 16)
- 25-32 1s dance ½ reel of 4 with 1st corners, passing RSh dance ½ reel with 2nd corners & cross passing RSh to 2nd place own sides